

**VIRGINIA INDEPENDENT SCHOOLS ATHLETIC ASSOCIATION - 2/15/2025**  
**INDOOR TRACK & FIELD CHAMPIONSHIPS**  
**ST. CHRISTOPHER'S SCHOOL**  
**Meet Program**

**Event 1 Girls Long Jump DIVISION 1**

**TOP 9 TO FINALS**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 2 Finals</b>				
1	Miles, Carlin	12	Collegiate	_____
2	Seidensticker, Margaret	9	Catholic	_____
3	Jordan, Gabi	11	Bishop O'Connell	_____
4	Okobi, Onyebuka	11	Catholic	_____
5	Lartey, Nicole	10	Trinity Epis.	_____
6	White, Monica	10	Oakcrest	_____
7	Ware, Lila	11	Norfolk Academy	_____
8	White, Mary	12	Oakcrest	_____
9	Hughes, Madison	11	St. Stephens	_____
10	Smith, Chloe	12	Episcopal	_____
11	Morrison, Katharine	10	Episcopal	_____

**Flight 2 of 2 Finals**

1	Tenorio, Kahlen	10	Saint John P	_____
2	Habib, Maya	12	Paul VI	_____
3	Kulow, Taylor	10	Norfolk Academy	_____
4	Gosline, Avery	9	St. Catherines	_____
5	Pham, Audrey	12	Saint John P	_____
6	Gatty, Aseye	12	St. Catherines	_____
7	McKay, Abigail	10	St. Catherines	_____
8	Horton, Michele	11	Potomac	_____
9	Obasi, Chinenye	12	Saint John P	_____
10	Scott, Adaline	11	Norfolk Academy	_____
11	Chance, Armani	11	Catholic	_____

**Event 2 Boys Long Jump DIVISION 1**

**TOP 9 TO FINALS**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Matthews, Shaun	11	Fork Union	_____
2	Klaye, Caleb	12	Saint John P	_____
3	Helsley, Maddox	9	Woodberry	_____
4	Dillon, Ben	12	Catholic	_____
5	Lyons, Pj	12	Flint Hill	_____
6	Tokan-Lawal, Oreoluwa	12	Collegiate	_____
7	Ray, Bryant	11	Fork Union	_____
8	Spaulding, Carmelo	12	Fork Union	_____
9	Gosline, Addison	12	St. Christophers	_____
10	Diggs, Nasir	9	Collegiate	_____
11	Rice, Henry	12	St. Christophers	_____
12	Rutland, Christian	11	Paul VI	_____
13	Anderson, Brandon	12	Collegiate	_____
14	Andrews, Kenan	12	Woodberry	_____
15	Julias, George	11	St. Christophers	_____
16	Morrison, John	11	Woodberry	_____

**Event 3 Girls Long Jump DIVISION 2**

**4 JUMPS. NO FINALS.**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Davilmar, Jasmine	11	Atlantic Shores	_____
2	Daniel, Marshall	12	Cape Henry	_____
3	Nguyen, Kaitlynn	10	Peninsula Cath.	_____
4	Hammond, Miranda	9	Nansemond	_____
5	Smith, Karly	11	Roanoke Catholic	_____
6	Bolling, Gigi	9	Nansemond	_____
7	Holland, Courtney	10	Virginia Epis.	_____

**Event 4 Boys Long Jump DIVISION 2**

**4 JUMPS. NO FINALS.**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Fitzpatrick, Tristen	12	Blue Ridge	_____
2	Lane, Rj	11	Nansemond	_____
3	Konesco, Camden	12	Veritas	_____
4	Ross, Henry	11	Nansemond	_____
5	Bonds, Nate	12	North Cross	_____
6	Turner, Jake	11	Trinity Christ.	_____
7	Roman, Micheal	11	Blue Ridge	_____
8	O'Herron, Sean	11	Roanoke Catholic	_____
9	Thomas, Jamal	11	Nansemond	_____
10	Daviu, Pedro	11	Blue Ridge	_____
11	Rhodes, Jase	11	North Cross	_____

**Event 5 Girls Triple Jump DIVISION 1**

**TOP 9 TO FINALS**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Stanwix, Lily	12	Collegiate	_____
2	Tenorio, Kahlen	10	Saint John P	_____
3	Torrence, Carter	10	St. Catherines	_____
4	Nicholls, Amaya	12	St. Stephens	_____
5	Smith, Chloe	12	Episcopal	_____
6	Habib, Maya	12	Paul VI	_____
7	McKay, Abigail	10	St. Catherines	_____
8	Jordan, Gabi	11	Bishop O'Connell	_____
9	Chance, Armani	11	Catholic	_____
10	Kulow, Taylor	10	Norfolk Academy	_____
11	Gatty, Aseye	12	St. Catherines	_____
12	Horton, Michele	11	Potomac	_____

## VIRGINIA INDEPENDENT SCHOOLS ATHLETIC ASSOCIATION - 2/15/2025

## INDOOR TRACK &amp; FIELD CHAMPIONSHIPS

## ST. CHRISTOPHER'S SCHOOL

## Meet Program

**Event 6 Boys Triple Jump DIVISION 1****TOP 9 TO FINALS**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Rutter, John	11	St. Stephens	_____
2	Downey, Logan	12	Paul VI	_____
3	Stankiewicz, Timothy	11	Paul VI	_____
4	Dillon, Ben	12	Catholic	_____
5	Spicer, Kyle	9	Collegiate	_____
6	Harris, Kj	10	Trinity Epis.	_____
7	Villasis, Alex	11	Catholic	_____
8	Rutland, Christian	11	Paul VI	_____
9	Fumo-Pegues, Khoi	10	St. Stephens	_____
10	Olivar-Joa, Fernando	12	Catholic	_____
11	Spaulding, Carmelo	12	Fork Union	_____
12	Asare, Elijah	11	St. Christophers	_____
13	Foster, Bishop	12	Collegiate	_____
14	Diggs, Nasir	9	Collegiate	_____
15	Sanglea, Sudhit	12	Woodberry	_____
16	Warmack, Toby	12	Woodberry	_____
17	Rice, Henry	12	St. Christophers	_____
18	Andrews, Kenan	12	Woodberry	_____

**Event 7 Girls Triple Jump DIVISION 2****4 JUMPS. NO FINALS.**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Daniel, Marshall	12	Cape Henry	_____
2	Cannon, Taniya	9	Stonebridge	_____
3	Hammond, Miranda	9	Nansemond	_____
4	Davilmar, Jasmine	11	Atlantic Shores	_____
5	Smith, Karly	11	Roanoke Catholic	_____
6	Holland, Courtney	10	Virginia Epis.	_____

**Event 8 Boys Triple Jump DIVISION 2****4 JUMPS. NO FINALS.**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Ross, Henry	11	Nansemond	_____
2	Williams, Josh	11	Trinity Christ.	_____
3	Konesco, Camden	12	Veritas	_____
4	Turner, Jake	11	Trinity Christ.	_____
5	Thomas, Jamal	11	Nansemond	_____
6	Daviu, Pedro	11	Blue Ridge	_____
7	Rhodes, Jase	11	North Cross	_____

**Event 9 Girls High Jump DIVISION 1****OPENING HEIGHT = 4-4**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Sramek, Carolina	9	St. Stephens	_____
2	Martin, Sallie	11	Collegiate	_____
3	Lookadoo, Hayley	12	St. Stephens	_____
4	Draetta, Sydney	9	Flint Hill	_____
5	Branch, Kinnady	10	St. Catherines	_____
6	Horton, Michele	11	Potomac	_____
7	Sindler, Tatum	9	St. Stephens	_____
8	Kulow, Taylor	10	Norfolk Academy	_____

**Event 10 Boys High Jump DIVISION 1****OPENING HEIGHT = 5-6**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	London, James	12	St. Stephens	_____
2	Appelget, Carter	10	St. Christophers	_____
3	Anderson, Brandon	12	Collegiate	_____
4	Pochick, Caden	11	Paul VI	_____
5	Hunter, Ford	12	St. Christophers	_____
6	Stankiewicz, Timothy	11	Paul VI	_____
7	Rice, Henry	12	St. Christophers	_____
8	Madden, Drew	12	Bishop Ireton	_____
9	Foster, Bishop	12	Collegiate	_____
10	Warmack, Toby	12	Woodberry	_____

**Event 11 Girls High Jump DIVISION 2****OPENING HEIGHT = 4-2**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Davilmar, Jasmine	11	Atlantic Shores	_____
2	Vuyovich, Lily	11	Atlantic Shores	_____
3	Cannon, Taniya	9	Stonebridge	_____
4	Watkins, Nina	10	Atlantic Shores	_____
5	Ofole, Chiamaka	11	Stonebridge	_____
6	Schultz, Brooklyn	8	Walsingham	_____
7	Smith, Karly	11	Roanoke Catholic	_____
8	Ofole, Zara	9	Stonebridge	_____

**Event 12 Boys High Jump DIVISION 2****OPENING HEIGHT = 4-10**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Beale, Colton	10	Nansemond	_____
2	Alexander, Nathaniel	11	Atlantic Shores	_____
3	Stafford, Darius	12	Blue Ridge	_____
4	Thomas, Jamal	11	Nansemond	_____
5	Rhodes, Jase	11	North Cross	_____
6	O'Herron, Sean	11	Roanoke Catholic	_____

## VIRGINIA INDEPENDENT SCHOOLS ATHLETIC ASSOCIATION - 2/15/2025

## INDOOR TRACK &amp; FIELD CHAMPIONSHIPS

## ST. CHRISTOPHER'S SCHOOL

## Meet Program

**Event 13 Girls Pole Vault DIVISION 1****OPENING HEIGHT = 5-6**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Staub, Lucy	12	Norfolk Academy	_____
2	Berson, Britton	12	Collegiate	_____
3	Staub, Anne Randolph	12	Norfolk Academy	_____
4	Braxton, Claire	11	Episcopal	_____
5	Vaughan, Lawson	12	Collegiate	_____
6	Kuehnle, Teagan	10	St. Catherines	_____
7	Clelland, Lorelei	12	St. Catherines	_____
8	Kuhlen, Annie	9	Collegiate	_____
9	Smullen, Madelyn	11	St. Catherines	_____

**Event 14 Boys Pole Vault DIVISION 1****OPENING HEIGHT = 9-6**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Smith, Jack	12	Collegiate	_____
2	Mayer, Benjamin	10	St. Christophers	_____
3	Scammell, Ryan	11	St. Christophers	_____
4	Becker, Wally	10	Collegiate	_____
5	Bonbright, James	11	Collegiate	_____
6	Matthews, Charlie	12	Woodberry	_____
7	Floyd, Everette	11	Woodberry	_____
8	Blundin, Joseph	12	Woodberry	_____
9	Olesen, Victor	11	St. Christophers	_____

**Event 15 Girls Pole Vault DIVISION 2****OPENING HEIGHT = 5-6**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Davis, Sierra	9	Atlantic Shores	_____
2	Saul, Julia	12	Atlantic Shores	_____
3	Griffin, Caroline	10	Atlantic Shores	_____

**Event 16 Boys Pole Vault DIVISION 2****OPENING HEIGHT = 8-6**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	McWhorter, Jackson	12	Blue Ridge	_____
2	Skelton, Liam	11	Roanoke Catholic	_____

**Event 17 Girls Shot Put DIVISION 1****TOP 9 TO FINALS**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Evans, Megan	12	Norfolk Academy	_____
2	Lundquist, Anya	10	Catholic	_____
3	Bliven, Ciara	11	Bishop O'Connell	_____
4	Sumpter, Emmy	12	St. Catherines	_____
5	McNichols, Mary	10	Oakcrest	_____
6	Reid, Olivia	12	Norfolk Academy	_____
7	Avery, Milla	11	Norfolk Academy	_____
8	Wills, Lydia	10	St. Catherines	_____
9	Kaleda, Caroline	12	Potomac	_____
10	Tierney, Emerson	12	St. Catherines	_____
11	Reese, Ava	12	Episcopal	_____

**Event 18 Boys Shot Put DIVISION 1****TOP 9 TO FINALS**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 2 Finals</b>				
1	Ankley, Chris	11	Catholic	_____
2	Yankey, Nasir	11	Potomac	_____
3	Conklin, Landon	10	Collegiate	_____
4	Hicks, Garrett	12	Potomac	_____
5	Dillon, Ben	12	Catholic	_____
6	Goins, Louie	12	St. Stephens	_____
7	Jenkins, David	10	Fork Union	_____
8	Atkins, Aaron	11	Collegiate	_____
9	Smith, Joey	12	Catholic	_____
10	Mondesir, Julius	11	Fork Union	_____
<b>Flight 2 of 2 Finals</b>				
1	Gray, Cameron	10	Fork Union	_____
2	Ali, Saad	10	Flint Hill	_____
3	Segneri, James	11	St. Christophers	_____
4	Seith, Logan	12	Cape Henry	_____
5	Clayton, DJ	12	Woodberry	_____
6	Cart, Walter	11	St. Christophers	_____
7	Boyd, Tyson	10	St. Anne's-B	_____
8	Herndon, Grayson	12	St. Christophers	_____
9	Logan, Nick	12	Woodberry	_____
10	Stuart, Chance	12	Norfolk Academy	_____

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**ST. CHRISTOPHER'S SCHOOL**  
**Meet Program**

**Event 19 Girls Shot Put DIVISION 2**

**4 THROWS. NO FINALS.**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Wismer, Lotte	11	Norfolk Christ.		_____
2	Squatrito, Angelina	12	Cape Henry		_____
3	Hardy, Olivia	12	Nansemond		_____
4	Smith, Kelse	9	Atlantic Shores		_____
5	Bingham, McKinley	9	Nansemond		_____
6	Fadairo, Tife	11	Atlantic Shores		_____
7	Daniel, Marshall	12	Cape Henry		_____
8	Llavore, Justinne	11	Roanoke Catholic		_____
9	Edenfield, Olivia	12	Atlantic Shores		_____
10	YueHan Chen, Brooklyn	11	North Cross		_____

**Event 20 Boys Shot Put DIVISION 2**

**4 THROWS. NO FINALS.**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Bradshaw, Carter	12	Stonebridge		_____
2	Hayes, Devin	12	Walsingham		_____
3	Nichols, Marshall	11	Mennonite		_____
4	Warrick, Kaleb	12	Norfolk Christ.		_____
5	Frogner, Sander	12	North Cross		_____
6	Bonds, Nate	12	North Cross		_____
7	Hayes, Nathan	11	North Cross		_____
8	Sone, Valdin	11	Blue Ridge		_____
9	Keseday, James	11	Blue Ridge		_____

**Event 21 Girls 55 Meter Hurdles DIVISION 1**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed	Time
<b>Heat 1 of 3 Prelims</b>					
2	Antunez Martinez, Jimena	10	Episcopal		_____
3	Jewell, Hannah	12	Paul VI		_____
4	Scott, Adaline	11	Norfolk Academy		_____
5	Hughes, Madison	11	St. Stephens		_____
6	Torrence, Carter	10	St. Catherines		_____
7	Santoro, Siena	10	Bishop Ireton		_____
<b>Heat 2 of 3 Prelims</b>					
2	Slauson-Blevins, Reagan	11	Norfolk Academy		_____
3	Gatty, Aseye	12	St. Catherines		_____
4	Chance, Armani	11	Catholic		_____
5	Figaro, Taliyah	10	St. Stephens		_____
6	Berson, Britton	12	Collegiate		_____
7	Cosenza, Ashley	11	Paul VI		_____
<b>Heat 3 of 3 Prelims</b>					
2	Nicholls, Amaya	12	St. Stephens		_____
3	Habib, Maya	12	Paul VI		_____
4	Shannon, Piper	12	St. Catherines		_____
5	Kulow, Taylor	10	Norfolk Academy		_____
6	Cotman, Morgan	10	Collegiate		_____

**Event 22 Girls 55 Meter Hurdles DIVISION 2**

Lane	Name	Yr	School	Seed	Time
<b>Section 1 of 2 Finals</b>					
3	Squatrito, Angelina	12	Cape Henry		_____
4	Watkins, Nina	10	Atlantic Shores		_____
5	Floyd, Charlie	12	Roanoke Catholic		_____
<b>Section 2 of 2 Finals</b>					
2	Hurst, Lya	12	Mennonite		_____
3	Daniel, Marshall	12	Cape Henry		_____
4	Smith, Karly	11	Roanoke Catholic		_____
5	VanRaaphorst, Lexie	10	Trinity Christ.		_____
6	Gilbert, McKenzie	11	Nansemond		_____
7	Paliusyte, Karolina	10	Cape Henry		_____

**Event 23 Boys 55 Meter Hurdles DIVISION 1**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed	Time
<b>Heat 1 of 3 Prelims</b>					
2	Downey, Logan	12	Paul VI		_____
3	Neuner, Rhodes	11	Collegiate		_____
4	Dodson, Durham	12	St. Christophers		_____
5	Figaro, Tawon	11	St. Stephens		_____
6	Zeron, William	11	Fork Union		_____
7	Dillon, Ben	12	Catholic		_____
<b>Heat 2 of 3 Prelims</b>					
2	Fumo-Pegues, Khoi	10	St. Stephens		_____
3	Washington, Reece	11	Paul VI		_____
4	Brown, Jayden	12	St. Christophers		_____
5	Rivera, Carlos	12	Woodberry		_____
6	Spaulding, Carmelo	12	Fork Union		_____
7	Jones, Elan	12	Flint Hill		_____
<b>Heat 3 of 3 Prelims</b>					
2	Lewis, Essentino	9	Episcopal		_____
3	Rutter, John	11	St. Stephens		_____
4	Madden, Drew	12	Bishop Ireton		_____
5	Olesen, Victor	11	St. Christophers		_____
6	Pochick, Caden	11	Paul VI		_____
7	Monroe, Tre	11	Fork Union		_____

**Event 24 Boys 55 Meter Hurdles DIVISION 2**

Lane	Name	Yr	School	Seed	Time
<b>Section 1 of 1 Finals</b>					
3	Thomas, Jamal	11	Nansemond		_____
4	Lemcke, Cohen	11	Blue Ridge		_____
5	O'Herron, Sean	11	Roanoke Catholic		_____

## VIRGINIA INDEPENDENT SCHOOLS ATHLETIC ASSOCIATION - 2/15/2025

## INDOOR TRACK &amp; FIELD CHAMPIONSHIPS

## ST. CHRISTOPHER'S SCHOOL

## Meet Program

**Event 25 Girls 55 Meter Dash DIVISION 1****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 3 Prelims</b>				
1	White, Mary	12	Oakcrest	_____
2	Seidensticker, Margaret	9	Catholic	_____
3	Johnson, Makaela	10	St. Catherines	_____
4	Appiah, Sophia	12	Episcopal	_____
5	Scott, Adaline	11	Norfolk Academy	_____
6	Barabanov, Rose	10	Potomac	_____
7	Lookadoo, Hayley	12	St. Stephens	_____
<b>Heat 2 of 3 Prelims</b>				
1	Dunn, Jazie	10	Collegiate	_____
2	Horton, Michele	11	Potomac	_____
3	Gosline, Avery	9	St. Catherines	_____
4	Versen, Lucy	11	Trinity Epis.	_____
5	Baldwin, Sanaa	12	Episcopal	_____
6	Martinez, Kyria	11	St. Gertrude	_____
7	Okobi, Onyebuka	11	Catholic	_____
<b>Heat 3 of 3 Prelims</b>				
1	Monahan, Lucy	12	Oakcrest	_____
2	Levine, Sydney	9	Potomac	_____
3	Branch, Kinnady	10	St. Catherines	_____
4	Chance, Armani	11	Catholic	_____
5	Hughes, Madison	11	St. Stephens	_____
6	Nelson, Ashlyn	10	Trinity Epis.	_____
7	James, Symphany	11	Episcopal	_____

**Event 26 Girls 55 Meter Dash DIVISION 2**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 2 Finals</b>				
1	Cannon, Taniya	9	Stonebridge	_____
2	Miller, Gabby	11	North Cross	_____
3	Fellner, Kaiya	10	Norfolk Christ.	_____
4	Oyoyo, Zibah	9	Trinity Christ.	_____
5	Watkins, Nina	10	Atlantic Shores	_____
6	Williams, Baylee	10	Norfolk Christ.	_____
7	Ofole, Zara	9	Stonebridge	_____
<b>Section 2 of 2 Finals</b>				
1	Ofole, Chiamaka	11	Stonebridge	_____
2	Valles, Ines	12	Cape Henry	_____
3	Nguyen, Kaitlynn	10	Peninsula Cath.	_____
4	Heru, Aziyah	11	Atlantic Shores	_____
5	Holland, Courtnee	10	Virginia Epis.	_____
6	Way, Isabelle	9	Atlantic Shores	_____
7	Johnson, Faith	9	North Cross	_____
8	Lily, Veronica	11	Cape Henry	_____

**Event 27 Boys 55 Meter Dash DIVISION 1****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 3 Prelims</b>				
2	Sosnitsky, JP	12	Potomac	_____
3	Allen, Zion	10	Episcopal	_____
4	Robinson, Sheldon	12	Woodberry	_____
5	Boucher-Zazzaro, Luke	12	Fork Union	_____
6	Johnson, Jaerron	10	St. Christophers	_____
7	Lovell, Will	9	Norfolk Academy	_____
<b>Heat 2 of 3 Prelims</b>				
2	Nti, Kevin	12	Woodberry	_____
3	Ofori-Ansah, Judah	12	Episcopal	_____
4	White, Maddox	11	St. Christophers	_____
5	Brent, Jonah	11	St. Anne's-B	_____
6	Johnson, Keyon	11	Paul VI	_____
7	Kittrell, Isaiah	11	Fork Union	_____
<b>Heat 3 of 3 Prelims</b>				
1	Calkins, Stephen	11	Potomac	_____
2	Heinze, Luke	12	Paul VI	_____
3	Phillips, Reed	12	Episcopal	_____
4	Morrison, John	11	Woodberry	_____
5	Gosline, Addison	12	St. Christophers	_____
6	Allen, Nehemiah	10	Fork Union	_____
7	Anderson, Brandon	12	Collegiate	_____

**Event 28 Boys 55 Meter Dash DIVISION 2**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 2 Finals</b>				
3	Frogner, Sander	12	North Cross	_____
4	Williams, Josh	11	Trinity Christ.	_____
5	Konesco, Camden	12	Veritas	_____
<b>Section 2 of 2 Finals</b>				
1	Rhodes, Jase	11	North Cross	_____
2	Williams, Tres	11	Nansemond	_____
3	Roman, Micheal	11	Blue Ridge	_____
4	Casterlow, Howard	12	Nansemond	_____
5	Stafford, Darius	12	Blue Ridge	_____
6	Ross, Henry	11	Nansemond	_____
7	Dolo, Izayk	12	Blue Ridge	_____

**Event 29 Girls 4x800 Meter Relay DIVISION 1**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Bishop O'Connell	_____	_____
2	Catholic	_____	_____

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**ST. CHRISTOPHER'S SCHOOL**  
**Meet Program**

**Section 2 of 2 Finals...(Event 29 Girls 4x800 Meter Relay DIVISION 1)**

1	Collegiate	_____
2	St. Catherines	_____
3	Saint John P	_____
4	Paul VI	_____
5	Norfolk Academy	_____
6	Potomac	_____
7	St. Stephens	_____

**Event 30 Girls 4x800 Meter Relay DIVISION 2**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	Veritas	_____
2	Stonebridge	_____
3	Trinity Christ.	_____
4	Norfolk Christ.	_____
5	Walsingham	_____

**Event 31 Boys 4x800 Meter Relay DIVISION 1**

Lane	Team	Relay	Seed Time
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**Section 1 of 2 Finals**

1	Woodberry	_____
2	Collegiate	_____

**Section 2 of 2 Finals**

1	Saint John P	_____
2	Bishop O'Connell	_____
3	Paul VI	_____
4	St. Christophers	_____
5	Catholic	_____
6	Fork Union	_____
7	St. Stephens	_____
8	Cape Henry	_____

**Event 32 Boys 4x800 Meter Relay DIVISION 2**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	Trinity Christ.	_____
2	North Cross	_____
3	Mennonite	_____
4	Veritas	_____

**Event 33 Girls 1600 Meter Run DIVISION 1**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	Spiegeler, Erynn	12	Saint John P	_____
2	Hires, Lola	10	Norfolk Academy	_____
3	Lewis, Anne	10	Collegiate	_____
4	Jay, Augusta	10	Potomac	_____
5	Lu, Ella	12	Potomac	_____
6	Meekins, Abaigael	11	Saint John P	_____

**Section 2 of 2 Finals**

1	Bayler, Annabel	11	St. Catherines	_____
2	Blaszak, Bridget	12	Collegiate	_____
3	Schultz, Regan	11	Bishop Ireton	_____
4	Richards, Catherine	12	Paul VI	_____
5	Ferrell, Rosie	10	Collegiate	_____
6	Burnette, Campbell	9	St. Catherines	_____
7	Pugsley, Jenna	11	Paul VI	_____
8	Stoeter, Catherine	12	Saint John P	_____
9	Parker, Lauren	11	Paul VI	_____

**Event 34 Girls 1600 Meter Run DIVISION 2**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	Chaney, Kerrigan	12	North Cross	_____
2	Curtis, Isabella	10	Peninsula Cath.	_____
3	Barley, Brynn	10	Cape Henry	_____
4	Nunziata, Josie	10	Stonebridge	_____
5	Currey, Agnes	11	Immanuel	_____
6	Martin, Sadie	12	Cape Henry	_____
7	VonCanon, Violet	11	Veritas	_____
8	Hernandez, Pilar	9	Norfolk Christ.	_____
9	Patterson, Mary	10	Peninsula Cath.	_____
10	Perkins, Kaitlyn	9	North Cross	_____
11	Karsanac, Ava	8	Cape Henry	_____
12	Phillips, Lillian	8	North Cross	_____
13	McDonald, Delaney	9	Norfolk Christ.	_____
14	Schleiter, Eloise	10	Trinity Christ.	_____

**Event 35 Boys 1600 Meter Run DIVISION 1**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	Thompson, Jacob	11	Saint John P	_____
2	Brennan, Brady	12	Saint John P	_____
3	Moore, Liam	12	Collegiate	_____
4	Fleenor, Peter	9	Bishop O'Connell	_____
5	Willis, Nic	12	Fork Union	_____
6	Schone, Bensten	10	Flint Hill	_____
7	McDonnell, Declan	12	St. Christophers	_____
8	Sutherland, Preston	10	Collegiate	_____
9	Burnham, Luke	10	Cape Henry	_____

**Section 2 of 2 Finals**

1	McKnew, Michael	11	Cape Henry	_____
2	Thompson, Elijah	12	Saint John P	_____
3	Altschuler, Noah	12	Potomac	_____
4	Carroll, Travis	12	Norfolk Academy	_____
5	Brefczynski, Jayse	10	Bishop O'Connell	_____
6	McGuigan, Matthew	10	Cape Henry	_____
7	Carter, Luke	11	Potomac	_____
8	Day, Jason	10	Bishop Ireton	_____
9	Callahan, Robert	11	Fork Union	_____
10	Waidelich, Matthew	11	Trinity Epis.	_____

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**Event 36 Boys 1600 Meter Run DIVISION 2**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Dovgalyuk, Calvin	12	Trinity Christ.	_____
2	Robinson, Andrew	12	Walsingham	_____
3	Moscoco, Christopher	12	Trinity Christ.	_____
4	Britton, Spencer	10	North Cross	_____
5	Jang, Ian	10	Trinity Christ.	_____
6	Wang, Lucas	12	Virginia Epis.	_____
7	Lawrence, Joshua	9	Covenant	_____
8	Chaney, Finton	10	North Cross	_____
9	Rodriguez, Carlos	11	Peninsula Cath.	_____
10	O'Hallarn, Gene	11	Walsingham	_____
11	Joyner, Jayce	12	Isle of Wight	_____

**Event 37 Girls 4x200 Meter Relay DIVISION 1**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
2	Catholic	_____	_____
3	Saint John P	_____	_____
4	Bishop O'Connell	_____	_____
5	Oakcrest	_____	_____
<b>Section 2 of 2 Finals</b>			
1	St. Stephens	_____	_____
2	Episcopal	_____	_____
3	St. Catherines	_____	_____
4	Norfolk Academy	_____	_____
5	Potomac	_____	_____
6	Trinity Epis.	_____	_____

**Event 38 Girls 4x200 Meter Relay DIVISION 2**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
2	Roanoke Catholic	_____	_____
3	Nansemond	_____	_____
4	Norfolk Christ.	_____	_____
<b>Section 2 of 2 Finals</b>			
1	Trinity Christ.	_____	_____
2	Cape Henry	_____	_____
3	Peninsula Cath.	_____	_____
4	Stonebridge	_____	_____
5	Atlantic Shores	_____	_____
6	Walsingham	_____	_____

**Event 39 Boys 4x200 Meter Relay DIVISION 1**

Lane	Team	Relay	Seed Time
<b>Section 1 of 3 Finals</b>			
2	Bishop Ireton	_____	_____
3	Catholic	_____	_____
4	Cape Henry	_____	_____
5	Flint Hill	_____	_____

**Section 2 of 3 Finals**

1	Potomac	_____
2	Trinity Epis.	_____
3	Collegiate	_____
4	Norfolk Academy	_____
5	Bishop O'Connell	_____
6	St. Stephens	_____

**Section 3 of 3 Finals**

1	Paul VI	_____
2	St. Christophers	_____
3	Woodberry	_____
4	Fork Union	_____
5	Saint John P	_____
6	Episcopal	_____

**Event 40 Boys 4x200 Meter Relay DIVISION 2**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
2	Peninsula Cath.	_____	_____
3	Trinity Christ.	_____	_____
4	Veritas	_____	_____
<b>Section 2 of 2 Finals</b>			
2	North Cross	_____	_____
3	Blue Ridge	_____	_____
4	Nansemond	_____	_____
5	Isle of Wight	_____	_____

**Event 41 Girls 500 Meter Dash DIVISION 1**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 4 Finals</b>				
2	White, Monica	10	Oakcrest	_____
3	Downey, Nisha	12	Paul VI	_____
4	Soruco, Camila	9	Bishop O'Connell	_____
<b>Section 2 of 4 Finals</b>				
2	Sloan, Sophie	12	Collegiate	_____
3	Lukevics, Audrey	10	Norfolk Academy	_____
4	Mizzo, Kaida	10	Potomac	_____
5	McGoldrick, Sylvie	10	St. Stephens	_____
<b>Section 3 of 4 Finals</b>				
1	Crum, Abigail	11	Bishop Ireton	_____
2	McKay, Abigail	10	St. Catherines	_____
3	Rodriguez, Isabelle	10	Bishop O'Connell	_____
4	Coleman, Helena	12	Bishop Ireton	_____
5	Barabanov, Rose	10	Potomac	_____
6	Rakowitz, Chloe	11	Paul VI	_____
<b>Section 4 of 4 Finals</b>				
1	Everhart, Charlotte	12	Potomac	_____
2	Jones, Ainsleigh	10	Trinity Epis.	_____
3	Jones, Mia	10	Norfolk Academy	_____
4	Obasi, Chinenye	12	Saint John P	_____
5	Schultz, Regan	11	Bishop Ireton	_____
6	Richardson, Kennedy	12	Collegiate	_____

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## Meet Program

## Event 42 Girls 500 Meter Dash DIVISION 2

Lane	Name	Yr	School	Seed Time
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## Section 1 of 2 Finals

1	Lagos, Annalise	11	Veritas	_____
2	Williams, Ryleigh	12	Trinity Christ.	_____
3	Cajulis, Maia	9	Cape Henry	_____
4	Doron, Lauren	9	Cape Henry	_____
5	Coniglione, Eva	11	Roanoke Catholic	_____

## Section 2 of 2 Finals

1	Soca, Avery	12	Norfolk Christ.	_____
2	Wyse, Martha	11	Mennonite	_____
3	Frost, Eve	11	Stonebridge	_____
4	Borcherding, Meredith	11	Trinity Christ.	_____
5	Hsieh, Leyla	12	Trinity Christ.	_____
6	Lanphear, Lauren	11	Veritas	_____

## Event 43 Boys 500 Meter Dash DIVISION 1

Lane	Name	Yr	School	Seed Time
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## Section 1 of 2 Finals

1	Acevedo, Raul	12	Catholic	_____
2	Guzik, Finn	10	Norfolk Academy	_____
3	Everson, Alexander	11	Saint John P	_____
4	Mayer, Coleman	10	St. Christophers	_____
5	Wingfield, Izaiah	9	Saint John P	_____
6	Street, Ryan	9	Bishop O'Connell	_____

## Section 2 of 2 Finals

1	Tragert, Owen	9	Cape Henry	_____
2	Oakey, Davis	11	Woodberry	_____
3	Bouril, Nicholas	12	Saint John P	_____
4	Kajubi, Danny	12	Woodberry	_____
5	Shepard, Mekyi	12	Fork Union	_____
6	Gupta, Avi	12	St. Christophers	_____

## Event 44 Boys 500 Meter Dash DIVISION 2

Lane	Name	Yr	School	Seed Time
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## Section 1 of 2 Finals

2	Kwitchoff, Jeremy	10	Trinity Christ.	_____
3	Yutzy, Joseph	12	Mennonite	_____
4	Friegen, Thomas	10	North Cross	_____

## Section 2 of 2 Finals

1	Butler, John	12	Isle of Wight	_____
2	Johnson, Jacob	12	North Cross	_____
3	Budakovic, Mateo	10	Blue Ridge	_____
4	Sneary, Jedrek	12	Mennonite	_____
5	Aaron, Rhodes	10	Roanoke Catholic	_____

## Event 45 Girls 1000 Meter Run DIVISION 1

Lane	Name	Yr	School	Seed Time
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## Section 1 of 2 Finals

1	Mizzo, Kaida	10	Potomac	_____
2	Bechtel, Tegan	10	Saint John P	_____
3	Mccomb, Maddie	12	Collegiate	_____
4	Maglio, Sophia	12	Episcopal	_____
5	Marcus, Grace	12	Trinity Epis.	_____
6	Blackwood, Ellie	10	Collegiate	_____
7	Spiegeler, Erynn	12	Saint John P	_____
8	Monteith, Isla	10	St. Stephens	_____
9	Fine, Kate	10	Norfolk Academy	_____
10	Jay, Augusta	10	Potomac	_____
11	Ogden, Teagan	9	Catholic	_____
12	Lu, Ella	12	Potomac	_____

## Section 2 of 2 Finals

1	Harris, Virginia	10	Collegiate	_____
2	Bayler, Annabel	11	St. Catherines	_____
3	Schultz, Regan	11	Bishop Ireton	_____
4	Clingenpeel, Nora	12	Norfolk Academy	_____
5	Richards, Catherine	12	Paul VI	_____
6	Pugsley, Jenna	11	Paul VI	_____
7	Rouse, Ali	11	St. Stephens	_____
8	Clemons, Piper	9	St. Catherines	_____
9	Huffman, Ruthie	10	St. Catherines	_____
10	Stone, Catherine	12	Norfolk Academy	_____
11	Smith, Sadie	11	Bishop O'Connell	_____
12	Parker, Lauren	11	Paul VI	_____

## Event 46 Girls 1000 Meter Run DIVISION 2

Lane	Name	Yr	School	Seed Time
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## Section 1 of 1 Finals

1	Chaney, Kerrigan	12	North Cross	_____
2	Pongracz, Alyssa	12	Peninsula Cath.	_____
3	Lanphear, Jenna	11	Veritas	_____
4	VonCanon, Violet	11	Veritas	_____
5	Currey, Agnes	11	Immanuel	_____
6	Dean, Julia	12	Trinity Christ.	_____
7	Hernandez, Pilar	9	Norfolk Christ.	_____
8	Phillips, Lillian	8	North Cross	_____
9	Blinn, Kate	10	Walsingham	_____
10	Schleiter, Eloise	10	Trinity Christ.	_____
11	Carter, Eleanor	11	St. Anne's-B	_____
12	Monga-Rochard, Louise	12	Walsingham	_____
13	Peters, Ava	12	Trinity Christ.	_____



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**Meet Program**

**Event 47 Boys 1000 Meter Run DIVISION 1**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	Kulow, Owen	12	Norfolk Academy	_____
2	Mathews, Beauford	12	St. Christophers	_____
3	Schafer, Stephen	12	Paul VI	_____
4	Russell, Henry	11	St. Christophers	_____
5	London, James	12	St. Stephens	_____
6	Fleenor, Peter	9	Bishop O'Connell	_____
7	Garcia, Ethan	11	Saint John P	_____
8	Schone, Bensten	10	Flint Hill	_____
9	Cowburn, Carson	11	Episcopal	_____
10	Krebs, Henry	9	St. Stephens	_____
11	Huynh, Justin	10	Bishop Ireton	_____
12	Lewis, Reade	10	Collegiate	_____

**Section 2 of 2 Finals**

1	McKnew, Michael	11	Cape Henry	_____
2	Thompson, Elijah	12	Saint John P	_____
3	Green, Asher	11	St. Christophers	_____
4	Dalva-Baird, Zachary	12	Potomac	_____
5	Levine, Eli	11	Potomac	_____
6	Warui, Abraham	12	Woodberry	_____
7	Altschuler, Noah	12	Potomac	_____
8	Beale, Logan	12	Paul VI	_____
9	Brefczynski, Jayse	10	Bishop O'Connell	_____
10	McCarthy, Liam	12	Paul VI	_____
11	Walsh, Malachi	12	Fork Union	_____
12	Thompson, Jacob	11	Saint John P	_____

**Event 48 Boys 1000 Meter Run DIVISION 2**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	Dovgalyuk, Calvin	12	Trinity Christ.	_____
2	Moscoso, Christopher	12	Trinity Christ.	_____
3	Robinson, Andrew	12	Walsingham	_____
4	Samson, Luga	12	Mennonite	_____
5	Britton, Spencer	10	North Cross	_____
6	Jang, Ian	10	Trinity Christ.	_____
7	Wang, Lucas	12	Virginia Epis.	_____
8	Sherrard, Jack	12	Veritas	_____
9	Lawrence, Joshua	9	Covenant	_____
10	Rodriguez, Carlos	11	Peninsula Cath.	_____
11	Anderson, Harry	12	North Cross	_____

**Event 49 Girls 300 Meter Dash DIVISION 1**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 5 Finals**

2	O'Connor, Maria Catalina	12	Saint John P	_____
3	Armstrong, Leslie	12	St. Catherines	_____
4	Mosby, Cheney	8	Collegiate	_____

**Section 2 of 5 Finals**

2	Lewis, Nile	11	Paul VI	_____
3	Pham, Audrey	12	Saint John P	_____
4	Sypal, Rose	10	Oakercrest	_____
5	White, Mary	12	Oakercrest	_____

**Section 3 of 5 Finals**

1	Crum, Abigail	11	Bishop Ireton	_____
2	Musolino, Caitlin	11	Bishop O'Connell	_____
3	Uncapher, Emma	11	Norfolk Academy	_____
4	Jones, Ainsleigh	10	Trinity Epis.	_____
5	Habib, Maya	12	Paul VI	_____
6	Seidensticker, Margaret	9	Catholic	_____

**Section 4 of 5 Finals**

1	Garrison, Ruthie	11	Episcopal	_____
2	Jordan, Gabi	11	Bishop O'Connell	_____
3	Everhart, Charlotte	12	Potomac	_____
4	Griswold, Ally	11	Potomac	_____
5	Levine, Sydney	9	Potomac	_____
6	Coleman, Helena	12	Bishop Ireton	_____

**Section 5 of 5 Finals**

1	Versen, Lucy	11	Trinity Epis.	_____
2	Saffold, Josie	12	Norfolk Academy	_____
3	Branch, Kinnady	10	St. Catherines	_____
4	Obasi, Chinenye	12	Saint John P	_____
5	Johnson, Makaela	10	St. Catherines	_____
6	Richardson, Kennedy	12	Collegiate	_____

**Event 50 Girls 300 Meter Dash DIVISION 2**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	Williams, Ryleigh	12	Trinity Christ.	_____
2	VanRaaphorst, Lexie	10	Trinity Christ.	_____
3	Borcherding, Meredith	11	Trinity Christ.	_____
4	Campbell, Riya	11	Stonebridge	_____
5	Van Zyl, Sophia	12	Veritas	_____
6	Miller, Gabby	11	North Cross	_____

**Section 2 of 2 Finals**

1	Johnson, Faith	9	North Cross	_____
2	Doron, Lauren	9	Cape Henry	_____
3	Heru, Aziyah	11	Atlantic Shores	_____
4	Branan, Rachel	10	Peninsula Cath.	_____
5	Lily, Veronica	11	Cape Henry	_____
6	Warren, Eliza	11	Mennonite	_____

**Event 51 Boys 300 Meter Dash DIVISION 1**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	Witt, Alex	12	Catholic	_____
2	Diggs, Nasir	9	Collegiate	_____
3	Gosline, Addison	12	St. Christophers	_____
4	Mosley, Avery	12	Bishop O'Connell	_____
5	Dais, Donovan	12	Potomac	_____

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**Section 2 of 3 Finals...(Event 51 Boys 300 Meter Dash DIVISION 1)**

1	Edwards, Terrance	12	Trinity Epis.	_____
2	Nti, Kevin	12	Woodberry	_____
3	Whiteside, Kaydan	9	Fork Union	_____
4	Heinze, Luke	12	Paul VI	_____
5	Xantus, Gabriel	12	Saint John P	_____
6	Sosnitsky, JP	12	Potomac	_____

**Section 3 of 3 Finals**

1	Ackerly, Will	10	St. Christophers	_____
2	Dhillon, Armaan	12	Saint John P	_____
3	White, Maddox	11	St. Christophers	_____
4	Morrison, John	11	Woodberry	_____
5	Boucher-Zazzaro, Luke	12	Fork Union	_____
6	Bouril, Nicholas	12	Saint John P	_____

**Event 52 Boys 300 Meter Dash DIVISION 2**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

2	Roman, Micheal	11	Blue Ridge	_____
3	Cruz, Yariel	11	Blue Ridge	_____
4	Williams, Tres	11	Nansemond	_____

**Section 2 of 2 Finals**

2	Rhodes, Jase	11	North Cross	_____
3	Ross, Henry	11	Nansemond	_____
4	Turner, Jake	11	Trinity Christ.	_____
5	Johnson, Jacob	12	North Cross	_____

**Event 53 Girls 3200 Meter Run DIVISION 1**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	Blaszak, Bridget	12	Collegiate	_____
2	Bayler, Annabel	11	St. Catherines	_____
3	Stoeter, Catherine	12	Saint John P	_____
4	Webb, Sadie	12	Collegiate	_____
5	Richards, Catherine	12	Paul VI	_____
6	Harris, Kailyn	9	Trinity Epis.	_____
7	McCoppin, Alyssa	10	Saint John P	_____
8	Haske, Amelia	8	Collegiate	_____
9	Wanamaker, Sydney	10	St. Stephens	_____
10	Smith, Sadie	11	Bishop O'Connell	_____
11	Mateo, Leila	11	Catholic	_____
12	Albanese, Gianna	11	Saint John P	_____

**Event 54 Girls 3200 Meter Run DIVISION 2**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	Curtis, Isabella	10	Peninsula Cath.	_____
2	Nunziata, Josie	10	Stonebridge	_____
3	Barley, Brynn	10	Cape Henry	_____
4	Frost, Eve	11	Stonebridge	_____
5	Shepherd, Amelie	12	Veritas	_____
6	Perkins, Kaitlyn	9	North Cross	_____
7	Martin, Sadie	12	Cape Henry	_____
8	Van Raaphorst, Taylor	10	Trinity Christ.	_____
9	Morgan, Sadie	11	Veritas	_____
10	Patterson, Mary	10	Peninsula Cath.	_____
11	Pei, Helia	10	Walsingham	_____

**Event 55 Boys 3200 Meter Run DIVISION 1**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	Carter, Luke	11	Potomac	_____
2	Kurzawa, Liam	12	St. Christophers	_____
3	McDonnell, Declan	12	St. Christophers	_____
4	Jayme, Lance	11	Bishop O'Connell	_____
5	Moore, Liam	12	Collegiate	_____
6	Coleman, Nicholas	11	Fork Union	_____
7	Dobson, Louis	11	Saint John P	_____
8	Anthony, Spencer	12	Trinity Epis.	_____

**Section 2 of 2 Finals**

1	McKnew, Michael	11	Cape Henry	_____
2	Saitta, Nicholas	11	Paul VI	_____
3	Brennan, Brady	12	Saint John P	_____
4	Seidensticker, Joshua	11	Catholic	_____
5	McGuigan, Matthew	10	Cape Henry	_____
6	Colvin, Austin	12	Saint John P	_____
7	Eaton, David	10	Fork Union	_____
8	Warui, Abraham	12	Woodberry	_____
9	Day, Jason	10	Bishop Ireton	_____

**Event 56 Boys 3200 Meter Run DIVISION 2**

Lane	Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	Dovgalyuk, Calvin	12	Trinity Christ.	_____
2	Moscoso, Christopher	12	Trinity Christ.	_____
3	Britton, Spencer	10	North Cross	_____
4	O'Flynn, Aidan	11	Veritas	_____
5	Robinson, Andrew	12	Walsingham	_____
6	Chaney, Finton	10	North Cross	_____
7	Greenwood, Daniel	9	Trinity Christ.	_____
8	Horner, Justus	9	North Cross	_____
9	O'Hallarn, Gene	11	Walsingham	_____
10	Knebel, Ignatius	10	Virginia Epis.	_____

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Meet Program

**Event 57 Girls 4x400 Meter Relay DIVISION 1**

Lane	Team	Relay	Seed Time
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**Section 1 of 2 Finals**

2	Paul VI		_____
3	Bishop O'Connell		_____
4	St. Stephens		_____

**Section 2 of 2 Finals**

1	Saint John P		_____
2	Collegiate		_____
3	St. Catherines		_____
4	Potomac		_____
5	Norfolk Academy		_____

**Section 2 of 2 Finals**

2	Blue Ridge	_____
3	Trinity Christ.	_____
4	Mennonite	_____
5	Veritas	_____

**Event 58 Girls 4x400 Meter Relay DIVISION 2**

Lane	Team	Relay	Seed Time
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**Section 1 of 2 Finals**

2	Mennonite		_____
3	Norfolk Christ.		_____
4	Stonebridge		_____

**Section 2 of 2 Finals**

2	North Cross		_____
3	Peninsula Cath.		_____
4	Trinity Christ.		_____
5	Veritas		_____

**Event 59 Boys 4x400 Meter Relay DIVISION 1**

Lane	Team	Relay	Seed Time
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**Section 1 of 3 Finals**

2	St. Stephens		_____
3	Catholic		_____
4	Cape Henry		_____

**Section 2 of 3 Finals**

2	Bishop Ireton		_____
3	Potomac		_____
4	Norfolk Academy		_____
5	Collegiate		_____

**Section 3 of 3 Finals**

1	Bishop O'Connell		_____
2	Fork Union		_____
3	Saint John P		_____
4	St. Christophers		_____
5	Episcopal		_____
6	Woodberry		_____

**Event 60 Boys 4x400 Meter Relay DIVISION 2**

Lane	Team	Relay	Seed Time
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**Section 1 of 2 Finals**

2	Isle of Wight		_____
3	North Cross		_____
4	Nansemond		_____