School Name	FB Division
Benedictine College Preparatory	I
Bishop Ireton High School	I
Bishop O'Connell High School	I
Catholic High School	I
Collegiate School	I
Episcopal High School	I
Flint Hill School	I
Fork Union Military Academy	Ι
Norfolk Academy	Ι
The Potomac School	I
St. Christopher's School	I
Saint John Paul the Great Catholic High School	I
Saint Michael the Archangel Catholic High School	I (Plays Up)

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School Name	Division
St. Paul VI Catholic High School	I
St. Stephen's and St. Agnes School	I
Trinity Episcopal School	I
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Woodberry Forest School	I
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Atlantic Shores Christian School	II
Blue Ridge School	II
Christchurch School	II
The Covenant School	II
Fredericksburg Christian School	II
Hampton Roads Academy	II
Hargrave Military Academy	II
Isle of Wight Academy	II
Nansemond-Suffolk Academy	II
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School Name	FB Division
North Cross School	II
Roanoke Catholic School	II
St. Anne's-Belfield School	II
Virginia Episcopal School	II