VISAA Indoor Track and Field Directory 2024-2025	
Full School name	GITF Division
Bishop Ireton High School	I
Bishop O'Connell High School	I
Catholic High School	I
Collegiate School	I
Episcopal High School	I
Flint Hill School	I
Norfolk Academy	I
Oakcrest School	I
The Potomac School	I
St. Catherine's School	I
Saint Gertrude High School	I

VISAA Indoor Track and Field Directory 2024-2025	
Full School name	GITF Division
Saint John Paul the Great Catholic High School	I
St. Paul VI Catholic High School	I
St. Stephen's and St. Agnes School	I
Trinity Episcopal School	I
Atlantic Shores Christian School	II
Broadwater Academy	II
Cape Henry Collegiate	II
Eastern Mennonite School	II
Greenbrier Christian Academy	II
Grove Christian School	II
Isle of Wight Academy	II

VISAA Indoor Track and Field Directory 2024-2025	
Full School name	GITF Division
Nansemond-Suffolk Academy	II
The New Community School	II
Norfolk Christian School	II
North Cross School	II
Peninsula Catholic High School	II
Rise Academy	II
Roanoke Catholic School	II
Saint Michael the Archangel High School	II
StoneBridge School	II
Tandem Friends School	II
Trinity Christian School	II

VISAA Indoor Track and Field Directory 2024-2025	
	GITF
Full School name	Division
Veritas School	II
Virginia Episcopal School	II
Walsingham Academy	II