



2024 VISAA GIRL'S LACROSSE ALL STATE TEAMS

| <b>DIVISION I</b>        |                                  |
|--------------------------|----------------------------------|
| <b>First Team</b>        |                                  |
| <b>Player</b>            | <b>School</b>                    |
| Martha Oakey, Player of  | St. Anne's-Belfield School       |
| Blaine Cosby             | Bishop Ireton High School        |
| Raleigh Foster           | St. Anne's-Belfield School       |
| Sophie Gangemi           | St. Anne's-Belfield School       |
| Amory Imperatore         | The Potomac School               |
| Lee Kestner              | St. Anne's-Belfield School       |
| Lellie King              | St. Anne's-Belfield School       |
| Chloe Lambert            | St. Stephen's & St. Agnes School |
| Catherine LeTendre       | The Potomac School               |
| Bella Little             | Collegiate School                |
| Mason Matney             | St. Stephen's & St. Agnes School |
| Abby Musser              | St. Stephen's & St. Agnes School |
| Stella Pence             | The Potomac School               |
| Porter Rhoades           | St. Catherine's School           |
| Kennedy Richardson       | Collegiate School                |
| Alexa Stone              | Bishop Ireton High School        |
| Emma Sweeney             | St. Paul VI Catholic High School |
| <b>Second Team</b>       |                                  |
| <b>Player</b>            | <b>School</b>                    |
| Heidi Albrecht           | Collegiate School                |
| Brooke Ambrose           | The Potomac School               |
| Summer Bickley           | St. Stephen's & St. Agnes School |
| McKenna Boardman         | Collegiate School                |
| MK Brost                 | Collegiate School                |
| Anya Everett             | Episcopal High School            |
| Zoe Francone             | Bishop Ireton High School        |
| Emma Frye                | St. Paul VI Catholic High School |
| Allison Hankins          | St. Paul VI Catholic High School |
| Caitlin Jarvis           | The Potomac School               |
| Ashton Kilfoil           | St. Anne's-Belfield School       |
| Mia Mauer                | St. Anne's-Belfield School       |
| Kate McCrocklin          | Bishop Ireton High School        |
| Alexa Mercorelli         | St. Paul VI Catholic High School |
| Maddie Moore             | St. Stephen's & St. Agnes School |
| Campbell Rowe            | Trinity Episcopal School         |
| <b>Coach of the Year</b> |                                  |
| Carrington King          | St. Anne's-Belfield School       |

| <b>DIVISION II</b>       |                           |
|--------------------------|---------------------------|
| <b>First Team</b>        |                           |
| <b>Player</b>            | <b>School</b>             |
| Kerrigan Poindexter,     | The Covenant School       |
| Grace Battle             | The Covenant School       |
| Sarah Carson             | Nansemond-Suffolk Academy |
| Ava Clark                | Virginia Episcopal School |
| Berkley Compton          | Cape Henry Collegiate     |
| Peyton Garber            | The Covenant School       |
| Margaret Ann Graves      | The Covenant School       |
| Emma Hardy               | Cape Henry Collegiate     |
| Madeleine Keogh          | Cape Henry Collegiate     |
| Carrington Kincl         | The Covenant School       |
| Ellen Lewis              | Virginia Episcopal School |
| Delaney Poindexter       | The Covenant School       |
| Haley Price              | Nansemond-Suffolk Academy |
| Liza Pridgen             | Cape Henry Collegiate     |
| Annie Trapani            | Norfolk Collegiate        |
| Katy Varaksa             | The Covenant School       |
| Celine Waddy             | Nansemond-Suffolk Academy |
| <b>Second Team</b>       |                           |
| <b>Player</b>            | <b>School</b>             |
| Kayleigh Breslin         | The Covenant School       |
| Mary Clare Caprise       | Virginia Episcopal School |
| Grace Virginia Deal      | The Steward School        |
| Paige Dowd               | Nansemond-Suffolk Academy |
| Frances Fenton           | Virginia Episcopal School |
| Kate Flippen             | Virginia Episcopal School |
| Cara Hamil               | The Covenant School       |
| Molly Harrell            | Highland School           |
| Afton Helmick            | Highland School           |
| Finley House             | Nansemond-Suffolk Academy |
| Chelsea Hwang            | Fredericksburg Academy    |
| Alice James              | Cape Henry Collegiate     |
| Suzahn Vollstead         | Highland School           |
| Flora Warr               | Foxcroft School           |
| Cate Wells               | Norfolk Collegiate        |
| <b>Coach of the Year</b> |                           |
| Colleen Norair           | The Covenant School       |