

VISAA Indoor Track & Field Championships HS

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OFFICIAL Sat, Feb 19, 2022 St. Christopher's Indoor ...

Mens Results

55 Meter Dash Varsity - Finals

1.	12	Albert Asare	6.51a	Woodberry Forest
2.	12	Dominique Julius	6.56a	Fork Union Military Acad...
3.	12	Donovan Baker	6.56a	Woodberry Forest
4.	12	Cayden Bass-Hensley	6.72a	Saint John Paul the Grea...
5.	11	Landon Ellis	6.77a	Woodberry Forest
6.	10	Jason Abraham	6.77a	Episcopal
--	12	Dominic Julius	FS	Fork Union Military Acad...

55 Meter Dash Varsity - Prelims

1.	12	Donovan Baker	6.55a	Woodberry Forest
2.	12	Albert Asare	6.58a	Woodberry Forest
3.	12	Dominique Julius	6.61a	Fork Union Military Acad...
4.	12	Dominic Julius	6.61a	Fork Union Military Acad...
5.	10	Jason Abraham	6.67a PR	Episcopal
6.	11	Krystian Williams	6.72a	Collegiate
7.	11	Landon Ellis	6.75a	Woodberry Forest
8.	12	Cayden Bass-Hensley	6.76a	Saint John Paul the Grea...
9.	11	Myles Sandy	6.77a	St Stephens and St Agnes
10.	10	William Hoffer	6.83a	Trinity Episcopal
11.	12	Cam Holdych	6.84a PR	Collegiate
12.	11	Chris Joseph	6.85a PR	Norfolk Christian
13.	11	Jacob Pryor	6.85a	Norfolk Christian
14.	10	Andrew Hart	6.86a PR	Cape Henry Collegiate
15.	12	Magnus Ellehuus	6.87a PR	St Stephens and St Agnes
15.	12	Bryson Robertson	6.87a PR	Flint Hill
17.	11	Matthew Bezuneh	6.90a PR	St Stephens and St Agnes
18.	11	Roth Thomas	6.94a	Benedictine
19.	12	Mori Langshaw	6.97a	Bishop O'Connell
20.	10	Jorge Schaible	6.99a	Episcopal
21.	12	Elias Carr	7.00a PR	Walsingham Academy
22.	11	Drew Covington	7.02a PR	Trinity Episcopal
23.	12	Terrance Rhodes	7.05a PR	Benedictine
24.	9	Carter Jaehn	7.06a PR	Bishop Sullivan Catholic
25.	11	Jesse Fine	7.08a	Norfolk Academy
26.	12	Owen Godfrey	7.10a	Veritas Classical Christ...
27.	12	Duarte Alves	7.16a	Bishop O'Connell

200 Meters - Relay Split Varsity - Finals

11	Tahj Smith	23.2	Episcopal
10	Jason Abraham	23.5 PR	Episcopal
10	Justin Armstead	24.5	Episcopal
11	Aiden Nelson	24.6	Episcopal

300 Meters Varsity - Finals

1.	12	Albert Asare	35.50a	Woodberry Forest
2.	12	Dominique Julius	35.86a	Fork Union Military Acad...
3.	12	Dominic Julius	36.36a	Fork Union Military Acad...
4.	12	Eddie Jackson	36.61a SR	Benedictine
5.	12	Donovan Baker	36.65a PR	Woodberry Forest
6.	11	Robbie Handelsman	36.71a	Woodberry Forest
7.	12	Jayden Crosby	36.81a PR	Bishop O'Connell
8.	10	Andrew Hart	37.58a PR	Cape Henry Collegiate
9.	10	Ty Mathis	37.65a PR	Trinity Episcopal
10.	10	Cole Griswold	37.97a PR	Potomac (McLean VA)
11.	11	Christopher Mulder	38.17a	Fork Union Military Acad...
12.	12	Duarte Alves	38.61a	Bishop O'Connell
13.	10	Antonio Schoenborn	38.74a	Benedictine
14.	12	Jack Dugan	38.75a	Norfolk Christian
15.	11	Nick Land	38.82a	Benedictine
16.	12	Jonathan Murphy	38.92a	Veritas Classical Christ...
17.	11	Cameron Lee	38.94a	Bishop O'Connell
18.	12	Owen Godfrey	39.29a	Veritas Classical Christ...

400 Meters - Relay Split Varsity - Finals

11	Jack Dupuis	55.4 PR	Episcopal
11	Anderson Patry	56.3	Episcopal
12	Thomas Johnson	57.1	Episcopal
10	Justin Armstead	59.6	Episcopal

500 Meters Varsity - Finals

1.	12	Darryl Edmonds	1:07.96a	Benedictine
2.	12	Will Neuner	1:07.97a PR	Collegiate
3.	11	Ford Clark	1:10.16a	St. Christopher's
4.	11	Davis Ottinger	1:10.86a	Norfolk Academy
5.	10	Bradley Cruthirds	1:11.37a PR	St Stephens and St Agnes
6.	10	Cole Griswold	1:11.42a PR	Potomac (McLean VA)
7.	12	Phillip Clarke	1:11.70a	Collegiate
8.	10	Evan Crouse	1:11.75a PR	Trinity Christian
9.	12	Trey Hanson	1:11.85a	Woodberry Forest

Womens Results

55 Meter Dash Varsity - Finals

1.	11	Chayse Raymond	7.37a	Bishop O'Connell
2.	10	Lilly Versen	7.48a PR	Trinity Episcopal
3.	11	Hampton Turton	7.59a PR	St Catherines
4.	12	Charlotte Robinson	7.59a	St Catherines
5.	8	Rylee Coates	7.66a	Broadwater Academy
6.	8	Adaline Scott	7.75a	Norfolk Academy
7.	11	Taylor Chambers	7.77a	Episcopal
8.	10	Emily Garrard	7.83a	Episcopal

55 Meter Dash Varsity - Prelims

1.	11	Chayse Raymond	7.38a	Bishop O'Connell
2.	12	Charlotte Robinson	7.53a PR	St Catherines
3.	10	Lilly Versen	7.62a	Trinity Episcopal
4.	8	Rylee Coates	7.63a PR	Broadwater Academy
5.	11	Hampton Turton	7.68a	St Catherines
6.	10	Emily Garrard	7.71a PR	Episcopal
7.	8	Adaline Scott	7.75a	Norfolk Academy
8.	11	Taylor Chambers	7.76a	Episcopal
9.	12	Lauren Lucy	7.80a	Collegiate
10.	12	Evie Kim	7.82a	Potomac (McLean VA)
11.	10	Elena Granados	7.85a	Cape Henry Collegiate
12.	12	D'Yan Robinson	7.89a PR	Collegiate
13.	12	Racquell Grey	7.89a	St Stephens and St Agnes
14.	11	Natalie Hubbard	7.93a PR	Bishop Sullivan Catholic
15.	11	Angelina Lancey	7.94a	Norfolk Academy
16.	9	Mary DelVecchio	7.95a	Flint Hill
17.	11	Samantha Rough	7.99a	Bishop O'Connell
18.	10	Emalene Harter	8.00a PR	St Catherines
19.	10	Olivia D'Ambrosia	8.05a	Collegiate

200 Meters - Relay Split Varsity - Finals

11	Taylor Chambers	27.6	Episcopal
9	Chloe Smith	28.2 PR	Episcopal
10	Sheryl Depina-Eccles	28.6	Episcopal
10	Emily Garrard	30	Episcopal

300 Meters Varsity - Finals

1.	12	Charlotte Robinson	42.37a PR	St Catherines
2.	11	Hampton Turton	43.38a	St Catherines
3.	11	Kate Motley	43.78a PR	Potomac (McLean VA)
4.	10	Elena Granados	43.82a	Cape Henry Collegiate
5.	12	Isabella Henson-Vendrell	44.21a SR	Paul VI
6.	10	Mackenzie Fulgham	44.59a PR	Potomac (McLean VA)
7.	11	Angelina Lancey	44.61a PR	Norfolk Academy
8.	9	Mary DelVecchio	44.63a PR	Flint Hill
9.	12	Ainsleigh Mancini	44.64a PR	St Catherines
10.	9	Jose Saffold	45.71a	Norfolk Academy
11.	12	Caroline Ames	46.08a PR	Trinity Christian
12.	9	Tiara Jenkins	46.12a	Atlantic Shores Christian
13.	9	Caroline Crowley	46.25a PR	Potomac (McLean VA)
14.	10	Lilly Versen	46.42a	Trinity Episcopal
15.	11	Madison Galler	46.54a	Norfolk Academy
16.	10	Olivia D'Ambrosia	46.67a	Collegiate
17.	10	Cybil Murchie	46.70a PR	Veritas Classical Christ...
18.	11	Samantha Rough	46.74a PR	Bishop O'Connell
19.	12	Lauren Lucy	47.03a	Collegiate
20.	11	Payton Horan	47.84a PR	Saint Gertrude

500 Meters Varsity - Finals

1.	11	Hampton Turton	1:18.52a PR	St Catherines
2.	11	Hannah Edwards	1:19.54a PR	Isle Of Wight Academy
3.	11	Chelsea Brown	1:21.84a PR	St Catherines
4.	12	Guin Buono	1:21.92a PR	St Catherines
5.	12	Catherine Horner	1:22.94a	Collegiate
6.	12	Evie Kim	1:23.76a	Potomac (McLean VA)
7.	10	Tenley Overdeck	1:24.07a PR	Potomac (McLean VA)
8.	12	Mikaula Lachowicz	1:25.92a	Paul VI
9.	12	Caroline Graham	1:27.05a	Paul VI
10.	8	Rachel Prince	1:27.15a PR	Greenbrier Christian
11.	10	Katherine Martin	1:27.38a PR	Collegiate
12.	10	Mary Cabell	1:28.23a PR	Peninsula Catholic
13.	8	Martha Wyse	1:28.29a PR	Eastern Mennonite
14.	10	Claire Curtis	1:28.64a	Collegiate
15.	10	Maria Eckhart	1:28.73a PR	Bishop Sullivan Catholic
16.	12	Anna Chiappetta	1:28.92a PR	Bishop O'Connell
17.	10	Siobhan Cruess	1:29.37a PR	Veritas Classical Christ...
18.	9	Helena Coleman	1:29.62a PR	Bishop Ireton
19.	12	Morgan Lewis	1:30.01a	St Stephens and St Agnes
20.	10	Lucy Nunziata	1:30.12a	Stonebridge

10.	11	Cameron Lee	1:11.87a	PR	Bishop O'Connell
11.	12	Saed Dasher	1:11.96a	PR	Fork Union Military Acad...
12.	12	Leon Battle	1:12.10a		Norfolk Christian
13.	9	Avi Gupta	1:13.18a		St. Christopher's
14.	12	Oliver Fitch	1:13.22a	PR	St. Christopher's
15.	12	Tate Whitmer	1:13.77a		Woodberry Forest
16.	12	Jack Hill	1:14.82a		Collegiate
17.	11	Haden VonCanon	1:15.56a	PR	Veritas Classical Christ...
18.	11	Riley Dillon	1:29.97a		Bishop Sullivan Catholic

1000 Meters Varsity - Finals

1.	10	Ferenc Kovacs	2:35.73a		Woodberry Forest
2.	12	Sean Alorro	2:36.75a	PR	Saint John Paul the Grea...
3.	12	Noah Cummings	2:39.15a		St Stephens and St Agnes
4.	11	Anderson Patry	2:43.59a		Episcopal
5.	12	Jonathan Yackel	2:47.86a		Collegiate
6.	11	Lawrence Tankard	2:48.04a	PR	Woodberry Forest
7.	10	Walker Angus	2:48.92a	PR	Collegiate
8.	11	Jacob Lewis	2:49.43a	PR	Veritas Classical Christ...
9.	10	William Voss	2:49.87a	PR	Veritas Classical Christ...
10.	11	Holden Valerie	2:51.73a		St. Christopher's
11.	9	Christopher Moscoso	2:52.09a	PR	Trinity Christian
12.	11	Kyle Thompson	2:52.22a		North Cross
13.	12	Hugh Williams	2:52.79a		Collegiate
14.	9	Logan Beale	2:53.16a		Paul VI
15.	11	Christian Beale	2:54.54a		Fork Union Military Acad...
16.	11	Ethan Villaver	2:56.04a		Paul VI
17.	10	Alex Mathews	2:56.87a		Potomac (McLean VA)
18.	12	Aaron Chisholm	3:00.70a		Paul VI

1600 Meters Varsity - Finals

1.	10	Ferenc Kovacs	4:23.87a		Woodberry Forest
2.	12	Xander Fry	4:24.50a	PR	Saint John Paul the Grea...
3.	12	Colin Walsh	4:26.15a	PR	Virginia Episcopal
4.	11	Tate Frost	4:27.98a		Stonebridge
5.	12	Noah Cummings	4:29.94a		St Stephens and St Agnes
6.	12	Ian Quindoza	4:34.67a	PR	Collegiate
7.	12	Aaron Chisholm	4:36.81a	PR	Paul VI
8.	12	Will Wise	4:36.95a	PR	St. Christopher's
9.	11	Ford Clark	4:37.81a	PR	St. Christopher's
10.	12	Christopher Lucas	4:38.69a	PR	Bishop O'Connell
11.	11	Jakob Gerlach	4:41.13a	PR	Eastern Mennonite
12.	9	Calvin Dovgalyuk	4:42.43a	PR	Trinity Christian
13.	11	Haden VonCanon	4:44.37a	SR	Veritas Classical Christ...
14.	12	Jack Devito	4:45.09a	PR	Bishop Sullivan Catholic
15.	10	Parker Tallman	4:46.59a	PR	Woodberry Forest
16.	11	Colin Crenshaw	4:47.29a	PR	Veritas Classical Christ...
17.	11	Lawrence Tankard	4:47.57a	PR	Woodberry Forest
18.	12	Robel Lulseged	4:48.19a	PR	Fork Union Military Acad...
19.	11	Jacob Lewis	4:49.22a	PR	Veritas Classical Christ...
20.	11	Zachary Frampton	4:51.64a	PR	Bishop Sullivan Catholic
21.	9	Logan Beale	4:51.85a	PR	Paul VI
22.	11	Kyle Thompson	4:52.40a	PR	North Cross
23.	12	Will Edwards	4:53.70a		Collegiate
24.	10	Zach Dalva-Baird	4:55.28a	PR	Potomac (McLean VA)
25.	9	Liam Kurzawa	4:55.92a	PR	St. Christopher's
26.	10	Wyatt Moore	4:56.20a	PR	Episcopal
27.	12	Lawrence Maclin	5:00.45a		Bishop Sullivan Catholic

3200 Meters Varsity - Finals

1.	11	Charlie Ortman	9:08.31a		Potomac (McLean VA)
2.	10	Ferenc Kovacs	9:15.90Ma	PR	Woodberry Forest
3.	12	Daniel Hanna	9:41.44a	PR	Trinity Christian
4.	12	Colin Walsh	9:46.45a		Virginia Episcopal
5.	12	Xander Fry	10:01.63a		Saint John Paul the Grea...
6.	12	Sean Alorro	10:02.67a		Saint John Paul the Grea...
7.	11	Tate Frost	10:16.86a		Stonebridge
8.	10	James Bertram	10:17.27a	PR	Saint John Paul the Grea...
9.	12	Christopher Lucas	10:17.76a		Bishop O'Connell
10.	12	Ian Quindoza	10:18.69a	SR	Collegiate
11.	11	Anthony Lenzini	10:24.38a	PR	Bishop O'Connell
12.	12	Jack Devito	10:24.48a	PR	Bishop Sullivan Catholic
13.	11	Liam Sullivan	10:39.29a	PR	Norfolk Academy
14.	10	Liam Harbour	10:41.01a	PR	Collegiate
15.	11	Taylor Myers	10:49.57a	PR	Woodberry Forest
16.	12	Robel Lulseged	10:52.22a		Fork Union Military Acad...
17.	9	Raul Acevedo	11:00.06a		Bishop Sullivan Catholic
18.	12	Will Edwards	11:13.33a		Collegiate

55m Hurdles - 39" Varsity - Finals

1.	12	Albert Asare	7.57a		Woodberry Forest
2.	12	Isaiah Burel	8.15a		Fork Union Military Acad...
3.	11	Stanton Dodson	8.16a	PR	St. Christopher's
4.	12	Caleb Donelson	8.24a	PR	Woodberry Forest
5.	12	Jonathan Murphy	8.26a	PR	Veritas Classical Christ...
6.	12	Elias Carr	8.42a		Walsingham Academy
7.	12	Andy Sidhu	8.49a	PR	Collegiate
8.	12	Mori Langshaw	8.70a	PR	Bishop O'Connell

55m Hurdles - 39" Varsity - Prelims

1.	12	Albert Asare	7.68a		Woodberry Forest
2.	12	Isaiah Burel	8.15a		Fork Union Military Acad...
3.	11	Stanton Dodson	8.29a		St. Christopher's

21.	12	Lorraine Upton	1:30.25a	PR	Isle Of Wight Academy
22.	11	Hannah McClain	1:30.42a	PR	Isle Of Wight Academy
23.	9	Sophia Maglio	1:30.47a	PR	Episcopal
24.	9	Grace Marcus	1:30.79a	PR	Trinity Episcopal
25.	8	Lauren Lanphear	1:31.33a	PR	Veritas Classical Christ...
26.	12	Sophia Pedroza	1:31.88a	PR	Bishop Sullivan Catholic
27.	10	Jane Blessing	1:32.45a	PR	Episcopal
28.	12	Ellie Warren	1:33.29a		Paul VI
29.	9	Danielle Rodriguez	1:34.92a		Bishop O'Connell

1000 Meters Varsity - Finals

1.	12	Reagan Gilman	3:00.32a	PR	Veritas Classical Christ...
2.	11	Cecelia Pugsley	3:01.26a		Paul VI
3.	10	Kate Tuttle	3:05.81a		Potomac (McLean VA)
4.	11	Zoe Burke	3:10.86a	PR	Oakcrest
5.	11	MK Myers	3:14.37a		Collegiate
6.	11	Abby Armstrong	3:17.37a	SR	St Catherines
7.	9	Kerrigan Chaney	3:19.73a		North Cross
8.	11	Becca Galbraith	3:25.89a	PR	St Catherines
9.	10	Kendall Boggs	3:26.15a	PR	Collegiate
10.	8	Rachel Prince	3:27.57a	PR	Greenbrier Christian
11.	11	Shannon Leavitt	3:29.50a	PR	Paul VI
12.	10	Addisyn Davis	3:30.27a	PR	Trinity Episcopal
13.	12	Fiona Cruess	3:30.79a	PR	Veritas Classical Christ...
14.	12	Olivia Agolini	3:31.01a		Potomac (McLean VA)
15.	10	Annie Adamson	3:31.69a	PR	Saint Gertrude
16.	11	Faith Hanrahan	3:31.75a	SR	Veritas Classical Christ...
17.	11	Malone Morchower	3:33.66a		Collegiate
18.	8	Lane Britt	3:33.76a	PR	Norfolk Academy
19.	11	Hannah McClain	3:34.25a		Isle Of Wight Academy
20.	9	Caroline Myers	3:34.82a	PR	Trinity Christian
21.	12	Sophie Davenport	3:35.31a	PR	St Catherines
22.	11	Carly Fleming	3:36.78a	SR	Bishop O'Connell
23.	10	Lucy Nunziata	3:37.38a		Stonebridge
24.	11	Anna Gravitt	3:37.92a		Cape Henry Collegiate
25.	9	Carol Earp	3:41.19a		Norfolk Academy
26.	11	Jackie Bruen	3:41.53a		Bishop O'Connell

1600 Meters Varsity - Finals

1.	11	Cecelia Pugsley	5:07.65a		Paul VI
2.	10	Molly Weithman	5:15.99a	PR	Bishop O'Connell
3.	9	Kerrigan Chaney	5:22.28a		North Cross
4.	11	Genevieve Harris	5:31.67a	PR	Potomac (McLean VA)
5.	10	Giles Ferrell	5:34.97a	PR	Collegiate
6.	11	Becca Galbraith	5:39.59a	PR	St Catherines
7.	8	Eve Frost	5:45.19a	PR	Stonebridge
8.	9	Julia Dean	5:47.16a	PR	Trinity Christian
9.	12	Georgia Grande	5:48.95a	PR	Trinity Christian
10.	12	Elizabeth Currey	5:49.33a	PR	Immanuel Christian (Alex...
11.	9	Catherine Richards	5:50.22a	PR	Paul VI
12.	11	Abby Armstrong	5:52.77a		St Catherines
13.	9	Maddie McComb	5:54.53a	PR	Collegiate
14.	9	Grace Detterick	5:56.24a	PR	Veritas Classical Christ...
15.	11	Eva Green	5:56.83a	PR	St Catherines
16.	10	Annie Adamson	6:02.01a		Saint Gertrude
17.	9	Claire Hanley	6:05.56a		St Stephens and St Agnes

3200 Meters Varsity - Finals

1.	10	Molly Weithman	11:23.27a		Bishop O'Connell
2.	11	MK Myers	11:46.79a	PR	Collegiate
3.	10	Giles Ferrell	12:04.68a		Collegiate
4.	8	Eve Frost	12:07.01a		Stonebridge
5.	12	Lana O'Flynn	12:29.09a	SR	Veritas Classical Christ...
6.	9	Amelie Shepherd	12:41.58a	PR	Veritas Classical Christ...
7.	9	Arielle Kouyoumdjiam	12:43.22a	PR	Potomac (McLean VA)
8.	12	Elizabeth Currey	12:50.73a	PR	Immanuel Christian (Alex...
9.	10	Mary Cabell	12:52.17a		Peninsula Catholic
10.	12	Lorraine Upton	12:57.52a		Isle Of Wight Academy
11.	9	Catherine Richards	13:05.07a		Paul VI
12.	12	Holland Dixon	13:06.07a		St Catherines
13.	12	Madison Garcia	13:31.38a		Paul VI
14.	11	Zanna Anderson	13:48.90a		St Catherines

55m Hurdles - 33" Varsity - Finals

1.	9	Tiara Jenkins	9.05a	PR	Atlantic Shores Christian
2.	11	Flavia Daniels	9.10a		North Cross
3.	11	Alauna Rutland	9.10a		Paul VI
4.	12	Caitlyn Lloyd	9.16a		Norfolk Academy
5.	12	Mikaula Lachowicz	9.61a		Paul VI
6.	11	Elizabeth Bayler	9.70a	PR	St Catherines
7.	11	Madison Galler	9.77a		Norfolk Academy
8.	12	Abby Fernandez	10.17a		Norfolk Academy

55m Hurdles - 33" Varsity - Prelims

1.	11	Flavia Daniels	9.02a	PR	North Cross
2.	12	Caitlyn Lloyd	9.09a	SR	Norfolk Academy
3.	9	Tiara Jenkins	9.16a		Atlantic Shores Christian
4.	12	Abby Fernandez	9.55a	PR	Norfolk Academy
5.	11	Madison Galler	9.62a	PR	Norfolk Academy
6.	11	Elizabeth Bayler	9.75a		St Catherines
7.	12	Mikaula Lachowicz	9.76a		Paul VI
8.	11	Alauna Rutland	10.11a		Paul VI
9.	9	Hannah Jewell	10.77a	PR	Paul VI

4.	12	Jonathan Murphy	8.30a	Veritas Classical Christ...
5.	12	Elias Carr	8.35a PR	Walsingham Academy
6.	12	Caleb Donelson	8.38a	Woodberry Forest
7.	12	Andy Sidhu	8.79a	Collegiate
8.	12	Mori Langshaw	8.82a	Bishop O'Connell
9.	10	Briggs Ireland	8.83a	St. Christopher's
10.	11	Chris Couser	8.97a	Norfolk Academy
11.	11	Gerald Thomas	9.27a	Norfolk Academy
12.	8	Rhodes Neuner	9.53a PR	Collegiate
13.	10	Bradley Cruthirds	9.55a PR	St Stephens and St Agnes

4x200 Relay Varsity - Finals

1.	12	Dominique Julius	1:31.77a	Fork Union Military Acad...
	12	Isaiah Burel		
	11	Christopher Mulder		
	12	Dominic Julius		
2.	12	Donovan Baker	1:33.00a	Woodberry Forest
	11	Landon Ellis		
	12	Conner Lessane		
	12	Jordy Burnette		
3.	10	Bradley Cruthirds	1:35.23a	St Stephens and St Agnes
	11	Myles Sandy		
	12	Magnus Ellehuus		
	11	Matthew Bezuneh		
4.	11	Roth Thomas	1:35.60a	Benedictine
	10	Antonio Schoenborn		
	12	Eddie Jackson		
	12	Darryl Edmonds		
5.	10	Jason Abraham	1:36.15a	Episcopal
	11	Tahj Smith		
	10	Justin Armstead		
	11	Aiden Nelson		
6.	11	Drew Covington	1:36.97a	Trinity Episcopal
	11	William Hoffler		
	10	Ty Mathis		
	10	Cameron Walker		
7.	12	Jack Dugan	1:37.79a	Norfolk Christian
	11	Jacob Pryor		
	11	Cole Risk		
	12	Leon Battle		
8.	11	Brandon Watson	1:37.92a	Collegiate
	12	Jones Brackett		
	8	Rhodes Neuner		
	12	Cam Holdych		
9.	12	Stinson Moss	1:38.64a	Norfolk Academy
	11	Gerald Thomas		
	12	Ned Berkley		
	10	Zahir Griffith		
10.	12	Ned Mangum	1:38.72a	St. Christopher's
	12	Grayson Marriott		
	12	Kent Goode		
	11	A.J. Mattson		
11.	11	Alexander Rois	1:40.97a	Bishop Sullivan Catholic
	11	Jackson Barnes		
	11	Javier Ihde		
	9	Carter Jaehn		
12.	11	Ariel Gonzalez	1:42.20a	Trinity Christian
	12	Nicholas Seery		
	11	Jonathan Meeker		
	10	Evan Crouse		
13.	11	Ethan Hill	1:43.36a	Paul VI
	12	Travis Perry		
	11	Aakash Dharia		
	11	Charle Adams		
14.	12	Owen Godfrey	1:45.50a	Veritas Classical Christ...
	9	Luke Brewer		
	9	Jeremy Gaubatz		
	12	Jonathan Murphy		
15.	9	Michael Giuliano	1:46.28a	Potomac (McLean VA)
	10	Victor Lee		
	12	Liam Brennan		
	12	Dashiell Budd		
16.	11	Jake Bell	1:47.45a	Peninsula Catholic
	11	Johnathan Mummert		
	11	Quinn Layman		
	9	Cory Whitten		
17.	12	Zachary Kreitzer	1:51.01a	Saint John Paul the Grea...
	9	Armaan Dhillon		
	11	Kyle Falls		
	12	Cayden Bass-Hensley		
--	12	Mori Langshaw	DNF	Bishop O'Connell
	12	Duarte Alves		
	11	Anthony Alvarado-Rojas		
	12	Jayden Crosby		

4x400 Relay Varsity - Finals

1.	11	Brandon Watson	3:31.28a	Collegiate
	12	Hugh Williams		
	12	Cam Holdych		
	12	Will Neuner		

10.	11	Natalie Hubbard	10.94a PR	Bishop Sullivan Catholic
11.	11	Scarlett Eastep	11.06a PR	Collegiate
12.	11	Hattie Hunter	11.36a	St Catherines
13.	10	Sulli Ramsey	12.84a	St Catherines

4x200 Relay Varsity - Finals

1.	8	Adaline Scott	1:51.18a	Norfolk Academy
	12	Abby Fernandez		
	9	Jose Saffold		
	11	Angelina Lancey		
2.	10	Adriana Walker	1:51.42a	St Catherines
	12	Ainsleigh Mancini		
	11	Elizabeth Bayler		
	12	Charlotte Robinson		
3.	11	Elaina Mabout	1:51.44a	Paul VI
	12	Caroline Graham		
	12	Isabella Henson-Vendrell		
	11	Alauna Rutland		
4.	12	Lauren Lucy	1:54.31a	Collegiate
	10	McKenna Boardman		
	12	D'Yan Robinson		
	10	Olivia D'Ambrosia		
5.	11	Samantha Rough	1:54.61a	Bishop O'Connell
	11	Natalie Anderson		
	9	Danielle Rodriguez		
	11	Chayse Raymond		
6.	12	Eleanor Eungard	1:56.41a	Trinity Christian
	12	Emerson Williams		
	12	Ana Saavedra		
	12	Caroline Ames		
7.	11	Rachel Sobers	1:56.71a	Cape Henry Collegiate
	9	Marshall Daniel		
	9	Saniya Rhem		
	10	Elena Granados		
8.	12	Millie Speck	1:57.98a	Trinity Episcopal
	10	Lilly Versen		
	8	Lucy Versen		
	11	Skylar Pusser		
9.	11	Payton Horan	1:58.44a	Saint Gertrude
	12	Kayda Coley		
	11	Camdyn Ratzlaff		
	11	Tabitha Pickral		
10.	9	Hayley Lookadoo	1:58.88a	St Stephens and St Agnes
	12	Racquell Grey		
	9	Mariel Irish		
	10	Madison Sandy		
11.	11	Taylor Chambers	1:59.72a	Episcopal
	9	Chloe Smith		
	10	Sheryl Depina-Eccles		
	10	Emily Garrard		
12.	11	Tea Picconatto	1:59.81a	Potomac (McLean VA)
	12	Yanna Bravewolf		
	10	Diane Hallam		
	9	Aryana Cayton		
13.	9	Tiara Jenkins	2:01.69a	Atlantic Shores Christian
	9	Nia Harris		
	10	Bethany Hay		
	7	Caroline Griffin		
14.	9	Fofie Pappas	2:02.39a	Veritas Classical Christ...
	9	Keira Goodlett		
	10	Eleanor Martin		
	10	Cybil Murchie		
15.	12	Sophia Pomatto	2:06.23a	Saint John Paul the Grea...
	12	Madeline Cassidy		
	9	Sophia Cassidy		
	9	Helena Fry		
16.	10	Hanna Katz	2:06.25a	Eastern Mennonite
	8	Emily Rogers		
	9	Bri Showalter		
	10	Aurora Burner		

4x400 Relay Varsity - Finals

1.	12	Guin Buono	4:14.04a	St Catherines
	11	Chelsea Brown		
	11	Elizabeth Bayler		
	12	Ainsleigh Mancini		
2.	12	Evie Kim	4:17.48a	Potomac (McLean VA)
	10	Tenley Overdeck		
	10	Mackenzie Fulgham		
	10	Kate Tuttle		
3.	11	Bella Burr	4:19.14a	Norfolk Academy
	10	Brooke Bettencourt		
	9	Jose Saffold		
	11	Ruby Garrison		
4.	12	Mikaula Lachowicz	4:21.66a	Paul VI
	12	Ellie Warren		
	12	Isabella Henson-Vendrell		
	11	Cecelia Pugsley		
5.	12	Emerson Williams	4:23.06a	Trinity Christian
	12	Ana Saavedra		
	9	Julia Dean		
	12	Caroline Ames		

2.	12 Eddie Jackson	3:35.78a	Benedictine
	11 Nick Land		
	10 Antonio Schoenborn		
	12 Darryl Edmonds		
3.	12 Saed Dasher	3:38.67a	Fork Union Military Acad...
	12 Isaiah Burel		
	12 Oliver Hall		
	11 Christopher Mulder		
4.	12 Caleb Donelson	3:38.73a	Woodberry Forest
	12 Conner Lessane		
	11 Landon Ellis		
	11 Robbie Handelsman		
5.	10 Zahir Griffith	3:42.20a	Norfolk Academy
	11 Ryan Guzik		
	11 Connor Rhoades		
	12 Ned Berkley		
6.	12 Grayson Marriott	3:43.10a	St. Christopher's
	9 Avi Gupta		
	11 Stephen Proctor		
	12 Ned Mangum		
7.	10 Andrew Fisher	3:43.72a	Trinity Christian
	11 Jonathan Meeker		
	10 Evan Crouse		
	9 Calvin Dovgalyuk		
8.	10 Matthew Elliott	3:44.78a	Saint John Paul the Grea...
	12 Zachary Kreitzer		
	12 Daniel Merriman		
	12 Xander Fry		
9.	11 Cameron Lee	3:46.59a	Bishop O'Connell
	10 Andrew LoRusso		
	11 Nick O'Donnell		
	12 Jayden Crosby		
10.	12 Thomas Johnson	3:48.42a	Episcopal
	11 Jack Dupuis		
	10 Justin Armstead		
	11 Anderson Patry		
11.	12 Travis Perry	3:52.54a	Paul VI
	11 Aakash Dharía		
	11 Ethan Villaver		
	9 Logan Beale		
12.	12 Lawrence Maclin	4:01.27a	Bishop Sullivan Catholic
	12 William Palestrant		
	11 Thomas Marfeo		
	12 Ian Dooley		
13.	11 Jake Bell	4:30.97a	Peninsula Catholic
	11 Quinn Layman		
	9 Cory Whitten		
	10 Billy Driscoll		
--	11 Cole Risk	DQ	Norfolk Christian
	12 Leon Battle		
	11 Jacob Pryor		
	10 Ronnie Barnes		

4x800 Relay Varsity - Finals

1.	12 Brent Hailes	8:20.90a	Collegiate
	12 Hugh Williams		
	12 Jonathan Yackel		
	12 Will Neuner		
2.	11 Liam Sullivan	8:36.70a	Norfolk Academy
	11 Connor Rhoades		
	11 Ryan Guzik		
	11 Davis Ottinger		
3.	11 George Beck	8:39.21a	St. Christopher's
	12 Oliver Fitch		
	10 Patrick Mayer		
	11 Stephen Proctor		
4.	11 Taylor Myers	8:39.79a	Woodberry Forest
	10 Parker Tallman		
	12 Trey Hanson		
	11 Lawrence Tankard		
5.	12 Zachary Kreitzer	8:41.34a	Saint John Paul the Grea...
	10 James Bertram		
	10 Matthew Elliott		
	12 Sean Alorro		
6.	9 Christopher Moscoso	8:47.61a	Trinity Christian
	10 Ethan Whitaker		
	9 Calvin Dovgalyuk		
	11 Daniel Hanna		
7.	11 Nick O'Donnell	9:02.11a	Bishop O'Connell
	9 Andrew Fthenos		
	9 Emmet Hand		
	11 Anthony Lenzini		
8.	11 Kyle Thompson	9:22.71a	North Cross
	10 Alex Dickenson		
	9 Harry Anderson		
	10 Dylan White		
9.	10 Billy Driscoll	9:32.42a	Peninsula Catholic
	11 Quinn Layman		
	11 Andrew Curtis		
	9 Cory Whitten		

6.	10 Anna Grace Shaia	4:28.45a	Collegiate
	11 Abby Dunn		
	10 McKenna Boardman		
	12 Catherine Horner		
7.	11 Faith Hanrahan	4:33.42a	Veritas Classical Christ...
	8 Lauren Lanphear		
	10 Siobhan Cruess		
	12 Reagan Gilman		
8.	11 Carly Fleming	4:39.19a	Bishop O'Connell
	10 Claire Wolstenholme		
	12 Alessia Natalucci		
	12 Anna Chiappetta		
9.	11 Camdyn Ratzlaff	4:43.84a	Saint Gertrude
	12 Kayda Coley		
	12 Kaia Coley		
	11 Tabitha Pickral		
10.	12 Madeline Cassidy	5:00.79a	Saint John Paul the Grea...
	9 Helena Fry		
	9 Sophia Cassidy		
	12 Sophia Pomatto		

4x800 Relay Varsity - Finals

1.	12 Guin Buono	10:12.97a	St Catherines
	11 Becca Galbraith		
	11 Eleanor Cart		
	11 Abby Armstrong		
2.	12 Fiona Cruess	10:20.24a	Veritas Classical Christ...
	9 Amelie Shepherd		
	12 Lana O'Flynn		
	12 Reagan Gilman		
3.	11 Malone Morchower	10:21.24a	Collegiate
	11 Page Wells		
	10 Kendall Boggs		
	11 MK Myers		
4.	11 Ruby Garrison	10:31.15a	Norfolk Academy
	11 Bella Burr		
	12 Rachel Thetford		
	9 Carol Earp		
5.	11 Mollie Kemp	10:54.69a	St Stephens and St Agnes
	9 Claire Hanley		
	12 Bronwyn Chesner		
	12 Morgan Lewis		
6.	11 Shannon Leavitt	10:59.76a	Paul VI
	9 Nisha Downey		
	12 Ellie Warren		
	11 Lindsay Hill		
7.	9 Julia Dean	11:04.17a	Trinity Christian
	11 Leah Myers		
	9 Caroline Myers		
	12 Georgia Grande		
8.	11 Jackie Bruen	11:15.86a	Bishop O'Connell
	12 Anna Chiappetta		
	11 Kilian Dziejak		
	12 Sole Schandlbauer		
9.	12 Madeline Cassidy	11:20.30a	Saint John Paul the Grea...
	12 Sophia Pomatto		
	9 Sophia Cassidy		
	9 Helena Fry		
10.	12 Olivia Agolini	11:24.77a	Potomac (McLean VA)
	9 Kate Choi		
	11 Tea Picconatto		
	9 Arielle Kouyoumdjiam		

Shot Put - 4kg Varsity - Finals

1.	11 Gabrielle Deglau	37-10.25	PR	Collegiate
2.	12 Annabelle Dreher	34-02.00	PR	Bishop Ireton
3.	9 Olivia Edenfield	33-10.00	PR	Atlantic Shores Christian
4.	8 Ashley Grace Johnstone	30-06.50	PR	Collegiate
5.	12 Cameron Tierney	28-04.75		St Catherines
6.	12 Anne Grayson Craig	27-03.00	PR	St Catherines
7.	11 Madison Galler	27-03.00		Norfolk Academy
8.	10 Elena Granados	27-01.00	PR	Cape Henry Collegiate
9.	11 Natalie Hubbard	26-10.50		Bishop Sullivan Catholic
10.	10 Sophie Pollio	26-09.00		Norfolk Academy
11.	12 Katie Green	25-07.00	PR	Paul VI
12.	12 Leila Humphreys	25-06.00		Bishop Sullivan Catholic
13.	11 Sydney Vest	25-04.50		Norfolk Academy
14.	9 Marshall Daniel	24-07.50		Cape Henry Collegiate
15.	9 Emerson Tierney	24-04.00		St Catherines
16.	11 Lainie Murray	21-10.00		Trinity Episcopal
17.	12 Madeline Fox	19-04.50		Trinity Episcopal

High Jump Varsity - Finals

1.	11 Flavia Daniels	5-02.00		North Cross
2.	12 Eliza Stone	5-00.00		Collegiate
3.	11 Alauna Rutland	4-08.00		Paul VI
3.	11 Elaina Mabout	4-08.00		Paul VI
5.	11 Carrington Miller	4-08.00		Collegiate
6.	10 Harper Hailes	4-08.00		Collegiate
7.	11 Rachel Sobers	4-06.00		Cape Henry Collegiate
7.	11 Madison Galler	4-06.00		Norfolk Academy
9.	11 Sydney Vest	4-04.00		Norfolk Academy
10.	12 Cameron Tierney	4-04.00		St Catherines

10.	11	Jackson Edwards	9:34.32a	Fork Union Military Acad...
	9	Fritzner Black		
	11	Jackson Pretus		
	12	Mitchell Coe		
11.	10	Alex Mathews	9:37.31a	Potomac (McLean VA)
	10	Matt Brow		
	12	Liam Brennan		
	12	Michael Regan		
12.	11	Charles Buchanan	9:49.73a	Benedictine
	10	Clint Ellison		
	9	Cazin School		
	9	Evan Kreckman		
13.	11	Colin Crenshaw	9:53.40a	Veritas Classical Christ...
	9	William Crawford		
	9	Nate McElduff		
	10	William Voss		
14.	10	Jeremy Morris	10:02.40a	Bishop Sullivan Catholic
	12	Jacob Averill		
	10	Jackson Nesmith		
	9	Raul Acevedo		

Shot Put - 12lb Varsity - Finals

1.	11	Rodney Lora	55-08.75	Woodberry Forest
2.	12	Ned Boehling	47-03.50 PR	St. Christopher's
3.	12	Jones Brackett	45-03.00 PR	Collegiate
4.	10	Henry Omohundro	44-05.50 PR	St. Christopher's
5.	11	Armel Mukam	42-09.00	Woodberry Forest
6.	12	Robert Caskey	41-10.25	Woodberry Forest
7.	12	Stinson Moss	41-07.00	Norfolk Academy
8.	12	Zach Darling	40-07.00	Collegiate
9.	11	Asumadu Addo	40-05.25	Fork Union Military Acad...
10.	10	Tyler Degnan	39-08.00	Flint Hill
11.	12	Joe Covington	39-00.00	Benedictine
12.	11	John Custis	38-05.75	Bishop Sullivan Catholic
13.	11	Jackson Bonner	38-04.75 PR	Atlantic Shores Christian
14.	10	Cooper Gardiner	38-04.50	Trinity Episcopal
15.	12	Elijah Munoz	38-03.00	Fork Union Military Acad...
16.	11	Alexander Rois	37-07.00 PR	Bishop Sullivan Catholic
17.	11	Diego Zelaya	36-03.75 PR	Episcopal
18.	11	Quintin Levy	35-05.00	St. Christopher's
19.	11	Jason Bauer	33-11.75 PR	Atlantic Shores Christian
20.	12	Oliver Hall	32-02.75	Fork Union Military Acad...
21.	11	Joe Kelly	30-10.00	Benedictine
--	11	Caleb Ross	FOUL	Trinity Episcopal

High Jump Varsity - Finals

1.	10	Jaden Ferguson	6-04.00	Woodberry Forest
2.	11	Edward Woltz	6-04.00	Woodberry Forest
3.	12	Walt Bannerman	6-02.00	Woodberry Forest
4.	10	Briggs Ireland	6-00.00	St. Christopher's
4.	12	Jaden Carter	6-00.00	Fork Union Military Acad...
6.	11	Krystian Williams	5-08.00	Collegiate
7.	11	Brandon Watson	5-08.00 PR	Collegiate

Pole Vault Varsity - Finals

1.	12	Walt Bannerman	14-06.00 PR	Woodberry Forest
2.	8	Victor Olesen	14-06.00	St. Christopher's
3.	11	Sebastian Phillips	13-00.00	Woodberry Forest
4.	10	Ned Bradshaw	13-00.00 PR	Collegiate
5.	11	Chip Hunt	12-06.00	Woodberry Forest
6.	11	Jackson Mann	12-00.00	Benedictine
7.	12	Gavin DeMorro	11-06.00 PR	Fork Union Military Acad...
--	12	Nate Glerum	NH	St. Christopher's

Long Jump Varsity - Finals

1.	10	Jaden Ferguson	23-02.75 PR	Woodberry Forest
2.	11	Robbie Handelsman	23-01.25 PR	Woodberry Forest
3.	12	Jordy Burnette	22-09.75 PR	Woodberry Forest
4.	11	Krystian Williams	22-09.25	Collegiate
5.	10	Ty Mathis	20-09.00	Trinity Episcopal
6.	11	Chris Joseph	20-03.00	Norfolk Christian
7.	11	Stanton Dodson	19-10.00	St. Christopher's
8.	10	Briggs Ireland	19-10.00	St. Christopher's
9.	10	Cameron Walker	19-03.75 PR	Trinity Episcopal
10.	8	Rhodes Neuner	19-00.50 PR	Collegiate
11.	12	Jack Dugan	18-09.50 PR	Norfolk Christian
12.	10	John Grunwald	17-09.50	Norfolk Academy
13.	12	Jayden Crosby	17-07.75 PR	Bishop O'Connell
14.	12	Brendan Cecka	17-02.50	Paul VI
15.	12	Ian Dooley	17-02.00	Bishop Sullivan Catholic
16.	11	Gerald Thomas	16-09.00	Norfolk Academy
17.	11	Drew Covington	15-08.00	Trinity Episcopal
--	12	Isaiah Burel	FOUL	Fork Union Military Acad...

Triple Jump Varsity - Finals

1.	10	Jaden Ferguson	45-10.50 PR	Woodberry Forest
2.	10	Ty Mathis	44-08.25	Trinity Episcopal
3.	12	Darryl Edmonds	43-10.50 PR	Benedictine
4.	12	Walt Bannerman	43-00.00 PR	Woodberry Forest
5.	10	Cameron Walker	42-08.00 PR	Trinity Episcopal
6.	10	Zahir Griffith	41-08.25 PR	Norfolk Academy
7.	11	Drew Covington	40-06.75	Trinity Episcopal
8.	11	Robbie Handelsman	40-05.75	Woodberry Forest

-- 8 Adaline Scott NH Norfolk Academy

Pole Vault Varsity - Finals

1.	12	Lauren Lucy	10-00.00	Collegiate
2.	12	Ainsleigh Mancini	9-06.00 PR	St Catherines
3.	11	Natalie Hubbard	9-06.00	Bishop Sullivan Catholic
4.	11	Becca Galbraith	8-06.00	St Catherines
5.	8	Rylee Coates	8-00.00	Broadwater Academy
6.	10	Stella Williams	8-00.00	Collegiate
7.	12	Charlotte Smith	8-00.00 SR	Collegiate
8.	9	Lorelei Clelland	7-06.00	St Catherines
9.	11	Jennifer Yuan	7-00.00 PR	Norfolk Academy
10.	11	Sydney Vest	6-06.00	Norfolk Academy

Long Jump Varsity - Finals

1.	12	Charlotte Robinson	16-11.00	St Catherines
2.	11	Alauna Rutland	16-09.00 PR	Paul VI
3.	11	Flavia Daniels	16-06.00 PR	North Cross
4.	10	Lilly Versen	16-05.50 PR	Trinity Episcopal
5.	11	Natalie Hubbard	16-03.25 PR	Bishop Sullivan Catholic
6.	8	Rylee Coates	16-01.75 PR	Broadwater Academy
7.	12	Lauren Lucy	15-11.75 PR	Collegiate
8.	9	Aseye Gatty	15-07.00 PR	St Catherines
9.	9	Caroline Crowley	15-01.00 PR	Potomac (McLean VA)
10.	10	Elena Granados	14-10.25	Cape Henry Collegiate
11.	11	Angelina Lancey	14-10.00	Norfolk Academy
12.	11	Samantha Rough	14-05.75	Bishop O'Connell
13.	11	Rachel Sobers	14-04.00	Cape Henry Collegiate
14.	11	Madison Galler	14-03.75	Norfolk Academy
15.	10	AC Hall	13-07.75 PR	Collegiate
16.	11	Jennifer Yuan	13-04.50	Norfolk Academy
17.	10	Maria Eckhart	12-08.00	Bishop Sullivan Catholic
--	10	Nia Beverly	FOUL	Norfolk Christian
--	12	Kayda Coley	FOUL	Saint Gertrude
--	10	Harper Hailes	FOUL	Collegiate
--	11	Chayse Raymond	FOUL	Bishop O'Connell
--	12	Emerson Williams	FOUL	Trinity Christian
--	9	Marshall Daniel	FOUL	Cape Henry Collegiate
--	10	Madison Sandy	FOUL	St Stephens and St Agnes

Triple Jump Varsity - Finals

1.	12	Charlotte Robinson	34-00.00	St Catherines
2.	9	Aseye Gatty	33-06.00 PR	St Catherines
3.	8	Rylee Coates	32-08.00	Broadwater Academy
4.	11	Rachel Sobers	32-05.00	Cape Henry Collegiate
5.	11	Chayse Raymond	32-03.75	Bishop O'Connell
6.	12	Lauren Lucy	32-01.00	Collegiate
7.	11	Tabitha Pickral	32-00.25 PR	Saint Gertrude
8.	11	Madison Galler	32-00.00 PR	Norfolk Academy
9.	11	Samantha Rough	30-11.50 PR	Bishop O'Connell
10.	12	Caitlyn Lloyd	30-09.00 SR	Norfolk Academy
11.	11	Angelina Lancey	30-03.75	Norfolk Academy
12.	12	Mikaula Lachowicz	29-08.25	Paul VI
--	10	Lilly Versen	FOUL	Trinity Episcopal

9.	10	John Rogers	40-05.25	PR	Episcopal
10.	11	Stanton Dodson	40-01.25		St. Christopher's
11.	12	Elias Carr	38-10.00	PR	Walsingham Academy
12.	10	Briggs Ireland	38-04.75		St. Christopher's
13.	10	John Grunwald	38-04.00	PR	Norfolk Academy
14.	11	Matthew Warsaw	37-08.50	PR	Norfolk Academy
15.	12	Isaiah Burel	37-04.75		Fork Union Military Acad...
16.	12	Caleb Davis	37-01.00	PR	Fork Union Military Acad...
16.	12	Jaedyn Wheatley-Corbett	37-01.00		Norfolk Christian
18.	8	Rhodes Neuner	36-02.75	PR	Collegiate
19.	11	Kyle Falls	35-08.50		Saint John Paul the Grea...
20.	12	Brendan Cecka	35-08.00		Paul VI
21.	12	Dashiell Budd	35-04.00	PR	Potomac (McLean VA)
22.	11	Brandon Watson	35-01.25		Collegiate
23.	11	Ayden Bland	35-00.50	PR	Fork Union Military Acad...