

Full School name	Girls Swimming & Diving Division
Bishop Ireton High School	I
Bishop O'Connell High School	I
Catholic High School	I
Collegiate School	I
Episcopal High School	I
Flint Hill School	I
The Madeira School	I
Norfolk Academy	I
Oakcrest School	I
The Potomac School	I
St. Anne's-Belfield School	I
St. Catherine's School	I
Saint Gertrude High School	I
Saint John Paul the Great Catholic High School	I
St. Paul VI Catholic High School	I
St. Stephen's and St. Agnes School	I
Trinity Christian School	I
Trinity Episcopal School	I
Broadwater Academy	II

Full School name	Girls Swimming & Diving Division
Cape Henry Collegiate	II
The Carmel School	II
Chatham Hall	II
Christchurch School	II
The Covenant School	II
Faith Christian School	II
Fredericksburg Academy	II
Fredericksburg Christian School	II
Fresta Valley Christian School	II
Grove Christian School	II
Hampton Roads Academy	II
Highland School	II
Immanuel Christian School (Provisional)	II
King Abdullah Academy	II
Millwood School	II
Nansemond-Suffolk Academy	II
The New Community School	II
New Covenant Schools	II
Norfolk Christian Schools	II

Full School name	Girls Swimming & Diving Division
Norfolk Collegiate	II
North Cross School	II
Peninsula Catholic High School	II
Randolph-Macon Academy	II
Richmond Christian School	II
Roanoke Catholic School	II
St. Margaret's School	II
Seton School	II
The Steward School	II
StoneBridge School	II
Veritas School	II
Virginia Episcopal School	II
Wakefield School	II
Walsingham Academy	II
Williamsburg Christian Academy	II