

Full School name	Field Hockey Division
Bishop Ireton High School	I
Bishop O'Connell High School	I
Catholic High School	I
Collegiate School	I
Episcopal High School	I
Flint Hill School	I
The Madeira School	I
Norfolk Academy	I
The Potomac School	I
St. Anne's-Belfield School	I
St. Catherine's School	I
Saint Gertrude High School	I
Saint John Paul the Great Catholic High School	I
St. Paul VI Catholic High School	I
St. Stephen's and St. Agnes School	I
Trinity Christian School	I
Trinity Episcopal School	I
Cape Henry Collegiate	II
Chatham Hall	II
The Covenant School	II

Full School name	Field Hockey Division
Foxcroft School	II
Fredericksburg Academy	II
Fredericksburg Christian School	II
Hampton Roads Academy	II
Highland School	II
Nansemond-Suffolk Academy	II
Norfolk Collegiate	II
North Cross School	II
Saint Michael the Archangel Catholic High School	II
The Steward School	II
Virginia Episcopal School	II
Walsingham Academy	II
Williamsburg Christian Academy	II